

**Rule 6.3.4 of the Technical Rules  
(deletions in blue/font)**

**6. Assistance to Athletes**

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**Assistance not Allowed**

- 6.3 For the purpose of this Rule, the following examples shall be considered assistance, and are therefore not allowed:
- 6.3.1 Pacing in races by persons not participating in the same race, by athletes lapped or about to be lapped or by any kind of technical device (other than those permitted under Rule 6.4.4 of the Technical Rules).
  - 6.3.2 Possession or use of video recorders, radios, CD, radio transmitters, mobile phone or similar devices in the competition area.
  - 6.3.3 Except for shoes complying with Rule 5 of the Technical Rules, the use of any technology or appliance that provides the user with an advantage which they would not have obtained using the equipment specified in, or permitted by, the Rules.
  - 6.3.4 The use of any mechanical aid, unless ~~the athlete can establish~~ on the balance of probabilities ~~that~~ the use of an aid would not provide them with an overall competitive advantage over an athlete not using such aid.
  - 6.3.5 Provision of advice or other support by any official of the competition not related to or required by their specific role in the competition at the time (e.g., coaching advice, indication of the take-off point in a jumping event except to indicate a failure in Horizontal Jumps, time or distance gaps in a race etc.).
  - 6.3.6 Receiving physical support from another athlete (other than helping to recover to a standing position) that assists in making forward progression in a race.