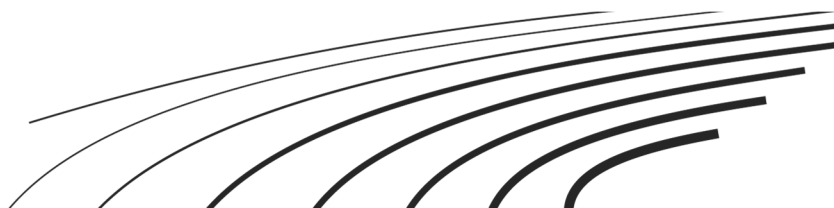




World Athletics Half Marathon Championships

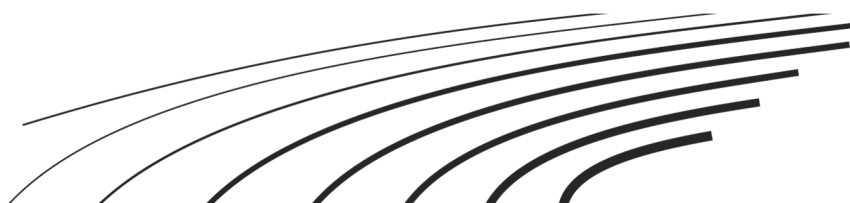
Gdynia, 17 October 2020

COVID-19 SANITARY PROCEDURES



Outline

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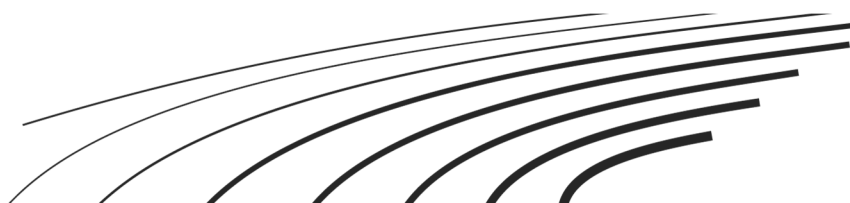
1. General Procedures

Following these procedures is mandatory to all individuals taking part in the 2020 World Athletics Half Marathon Championships. Any breach of these procedures may result in **the cancellation of her/his accreditation and participation** to the World Athletics Half Marathon Championships held in Gdynia on October 17th.

To be able to host “traditional” events under the actual pandemic situation, the organizers, in agreement with the Government of Poland, have decided to design this set of procedures:

- **Wearing a mask covering the mouth and the nose is mandatory in all public areas at all time**, except for these two exemptions:
 - ✓ **Once seated at a table** to have your meal (you must wear your mask if you leave your table for any reason and even if it is for a short moment);
 - ✓ For athletes only: **once on** the Racecourse, Warm-up and Training areas (mask will have to be worn during transfers between these areas and the hotel).
- The mask used for the purpose of these protocols should be either surgical masks or N95 masks or FFP-2 type masks.
- **Any interaction with an individual who is not accredited or directly involved in the organisation of the World Athletics Half Marathon Championships (airport staff, hotel staff, medical staff,...) is prohibited at all time**, either in the Official Championships Area (hotel, warm-up, racecourse ...) or somewhere else.

The sanitary procedures of the event, described in this document, are subject to change according the covid-19 pandemic situation in the city of Gdynia and in Poland.



2. Medical Clearance Protocol

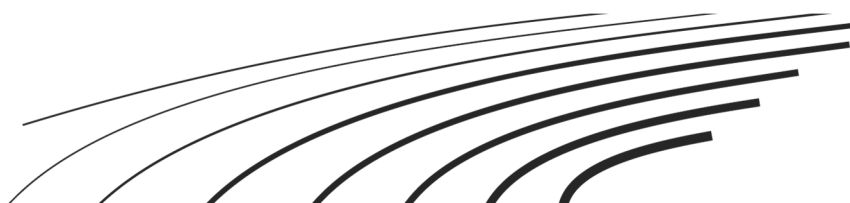
2.a – Before starting your travel to Gdynia (Stage 1)

- ✓ Have a consultation with a medical doctor performed at your living/training place at the earliest on the 8th of October and the latest on the 14th of October to check for the presence of symptoms of a COVID-19 infection and the existence of a medical condition possibly aggravating a COVID-19 infection. The result of this consultation must be reported on the **Medical Examination Form** (see Appendix A) which should be filled, signed, and download on the secured World Athletics weblink (see below).
- ✓ Perform one test to detect SARS CoV2 genetic material (PCR or LAMP) on a naso/oropharyngeal swab at the earliest on the 9th of October and the latest on the 14th of October: the swab must return negative result. Results from blood serological tests will **not** be accepted as a part of the Medical Clearance Protocol.
- ✓ Fill in and sign the **Permission Form – Medical Information Release** (see Appendix B)
- ✓ Submit the personal email address of every member of your Team (Athletes and Officials) through Event Entry System (EES). Everyone will then receive a secured weblink by email for them to:
 - Provide basic administrative and personal information
 - Download and then upload:
 - ❖ the Medical Examination Form
 - ❖ the Permission Form – Medical Information Release
 - Upload:
 - ❖ the Negative PCR analysis result

Any cost related to the above medical consultation and tests are at the cost of the Member Federation

2.b – Your arrival in Gdynia (Stage 2)

The LOC Medical Team in coordination with the World Athletics Medical Delegate will organise a second test to detect SARS CoV2 genetic material (PCR or LAMP) on a naso/oropharyngeal swab collected from every member of the Team:



- **Where:** In a room in or nearby official hotels including the Team hotel (Mercure Gdynia Centrum Hotel). The room where sample collection will be organised will have a dedicated entry and exit and allow appropriate social distancing.
- **When:** After arrival in Gdynia, at the earliest on Wednesday the 14th of October at 8:00 am and at the latest on Friday the 16th of October at 8:00 pm
- **Who:** LOC and World Athletics healthcare staff will carry out the sample collection
- **Mandatory:** every person will have to remain strictly isolated in his/her hotel room until he/she receives the result of the test (6h/8h). **Any infringement will be subject to sanction and in the case of the Athlete will include ineligibility for his/her competitive participation in the Championships.**

The swab returns negative result:

The person will go through the accreditation procedure.

The swab returns positive result:

The person will not be issued his/her accreditation and will have to follow a quarantine and an isolation process in accordance with the Polish Public Health Regulations (see paragraph 2.c).

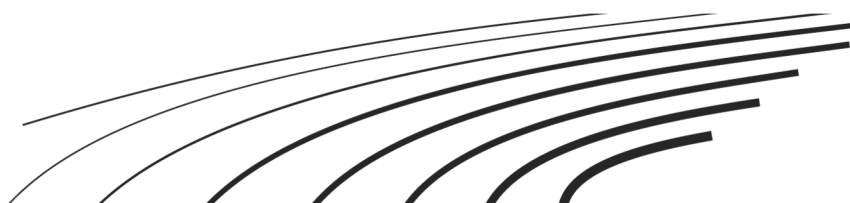
Failure to comply with either stage 1 or stage 2 of the Medical Clearance Protocol will prevent the person to be accredited, stay at any Official Hotel, be at any Official site and/or take part in the competition.

The cost of the test to detect SARS CoV2 genetic material (PCR or LAMP) onsite will be shared between World Athletics and the LOC

2.c - Target populations for the Medical Clearance Protocol

The following groups of individuals will have to comply with the stage 1 (only) of the Medical Clearance Protocol:

- LOC staff, volunteers (kept to a minimal number), and contractors, who are in contact with athletes, Team officials, and World Athletics technical officials and delegates.
- LOC Medical and Antidoping staff,
- LOC Media (Polish media)



The following groups of individuals will have to comply with **both stages 1 and 2 of the Medical Clearance Protocol**:

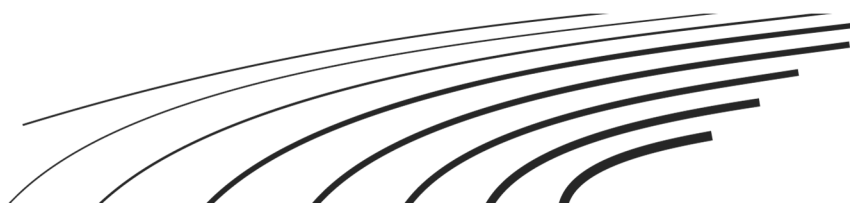
- All accredited athletes and Team officials (coaches, physiotherapists, medical doctors, team leaders)
- All World Athletics and LOC technical officials and delegates who are in contact with accredited athletes and Team officials.
- All World Athletics staff and World Athletics contractors (Seiko, Delta 3,...) taking part to the event organization,
- All media with exception of Polish local media (see above)
- All broadcasting staff who are in contact with athletes, Team officials, and World Athletics technical officials and delegates.
- All World Athletics Family accredited person who are in contact with athletes, Team officials, and World Athletics technical officials and delegates.

2.d - Management of a positive COVID-19 PCR test reported by Team Member while staying on the Polish territory

According to the Polish Public Health Authority, each person who is tested positive (PCR) for COVID-19 while staying on the Polish territory will have to be isolated for a period of 10 days. The place where this person will be isolated is decided by the Local Health Authority and will be in Gdansk. A daily accommodation and meal fee of 50 € will be charged to the infected person during her quarantine period. The infected person can also decide to take her quarantine, at his/her own expenses, in another place (rental apartment or hotel room) which should first be agreed by the Local Health Authority (a list to be proposed upon request).

After this period of 10 days the person will be released from quarantine, without performing PCR test, if she is symptom-free. The person has the possibility to try to shorten the duration of the quarantine if she can show two consecutive negative PCR test results (usual cost is approximately 65 € per test). These PCR tests can be performed in an independent laboratory, to get earlier appointment and results but it will not guarantee release from quarantine.

All persons who had prolonged and close contact with an infected one (roommate, contact without mask and no respect of social distancing) are sent to quarantine as described above. Determination of the “contact persons” will be done by both the Head of the Local Health Authority and the World Athletics Medical Delegate following the below description. The first PCR test is carried out, at the patient expenses, after 8-9



days from the date of contact. If the result from this PCR test is negative, the person is free to go. If the test is positive, then quarantine applies as described above.

2.e - Definition of the risk levels of “contact subjects”

The following scenarios are considered **at high risk for a contact** subject of a positive PCR test individual:

- has shared the living/hotel room (without mask) of an infected person,
- had a direct contact of less than 1 metre, whatever the duration (face to face without mask) with an infected person: meal, conversation, flirt, hugging, kissing,
- stayed face to face with an infected individual who had several episodes of coughing or sneezing (with or without mask),
- shared a confined space without mask for at least 15 minutes with an infected person (car, meeting or working room)

The following scenarios are considered **at low risk for a contact** subject of a positive PCR test individual:

- speaking to an infected person through a (plexi) glass or window,
- surgical mask or FFP2 mask worn by the contact person **or** the infected person while both are in contact,
- home-made mask worn by **both** the contact and the infected persons,
- crossing an infected person in a corridor or a room for a short duration of time (few seconds)

3. Stay in Gdynia

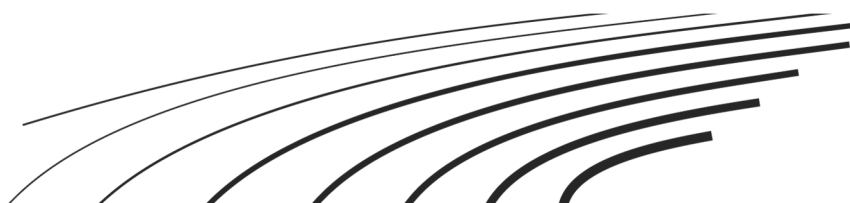
3.a – Travel

Arrival to Gdansk Airport

Everyone will have to comply with travel regulations in force at the time of their trip and will need to ensure it has enough masks and hand sanitizers to protect him/herself during the trip at all time. Under standard condition a surgical mask should be changed every 4 to 5 hours to keep its protective effect optimal. The purchase of this material is at the Member Federation’s cost.

From Gdansk Airport to Official Hotels and from Official Hotels to Gdansk Airport

Each individual arriving there will be given, by the LOC welcome desk, a kit including masks, hand sanitizers for their personal use during their stay, and an information leaflet (co-authored by World Athletics and the LOC) on COVID-19-related rules and recommendations.



Transfers from Gdansk Airport to the Team Hotel will be ensured respecting the sanitary rules in force at that time and furthermore:

- Vehicles used for transportation purpose will not be used at more than 50% of their maximum capacity, in order to keep sanitary distancing.
- Vehicles will be disinfected before and between each trip.
- Masks will always be worn, by everyone in the bus or shuttle, including within the vehicles.
- Passengers will be invited to use hands sanitizers given to them at the welcome desk before entering in the buses and shuttles.

If individuals arrive directly to the Official Hotels, they will need to warn WA and Gdynia LOC through Event Entry System (EES) as soon as possible and not later than the deadline to submit the Final Entries (28 September). They will need to provide with the arrival date and expected time so that their test to detect SARS CoV2 genetic material (PCR or LAMP) is planned and organised. They will follow all the same procedure detailed in Stage 2, above section 2.b.

3.b At the Official Hotels

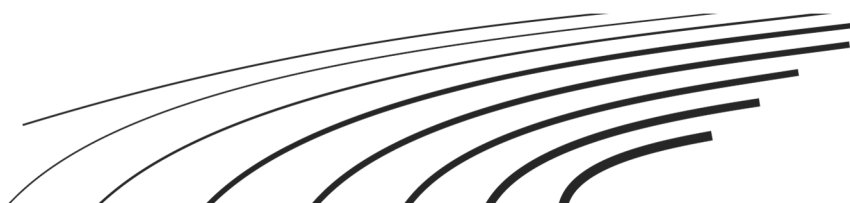
For obvious sanitary reasons interactions between Team Officials and other accredited people should be as low as possible. The nominative accreditation will have to be worn visible at all time within the hotel area. MFs will have to send their rooming list to WA (events@worldathletics.org) and the LOC accommodation manager by the time of the Final Entry deadline (28 September). Only individuals that are part of the same Member Federation or client group and successfully underwent stage 1 and stage 2 of the Medical Clearance Protocol will be allowed to share a room.

Meals

All meals will be served at the restaurant of the Official Hotels (except when waiting for the stage 2 PCR test result where some food will be delivered directly to the room), using shifts to respect social distancing. Accreditation must be presented to be admitted in the restaurant.

Wearing a mask is mandatory at all time in the restaurant, except and only when seated at the table (if you leave your table to get more food/drinks or need to go to the toilette, you must wear your mask). Everyone entering in the restaurant will have to clean his/her hands with a sanitizing gel.

Service will be made according to Polish Government regulations in force at the time, as well as hotel internal rules regarding sanitary restrictions. For instance, for all groups who have already shared meals and rooms during the previous week or more, group table can be organised with a maximum of 4 people seating at the



same table. For the others, the layout of the dining room will allow physical distancing of at least 1.5 metres. To facilitate this process, there will be extended hours of services and everyone cooperation is asked to reduce to the maximum your time spent at the restaurant.

Physiotherapy service at Team Hotel

Treatment will be available the two days before and the day of the Competition.

All services will be provided according to medical regulations in force at the time, but it is already agreed that:

- Single-use sheets will be used.
- Massage tables will be disinfected before and between each treatment.
- Treatment will only be available on scheduled appointments.

4. Training

Training will take place in a dedicated and secured area and details will be shared with Teams later. **The nominative accreditation will be needed to access this area at all time.** Only athletes will be allowed not to wear their masks while being in this training area. Physical distancing will have to be respected at all time when possible.

5. Competition

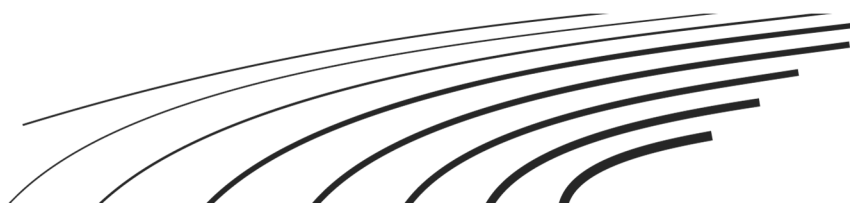
5.a – Warm-up

The Warm-up Area will be just in front of the Mercure Gdynia Centrum hotel (Park Rady Europy), which is in a closed area accessible to team members only. Individuals will join the warm-up area from the hotel via the designated route.

After the last call of their event, athletes will walk to the Call-room, guided by a dedicated Competition Official. Athletes will have to wear their mask during this transfer. Hotel toilets located in the lobby will be available for the Athletes during their warm-up

5.b – the Call Room

The Call-room will be a dedicated room inside the Team Hotel where seats will allow physical distancing. Each seat and area will be disinfected in before and between events by dedicated personnel from the LOC. Athletes will need to get ready to race before moving to the start line, meaning wearing their competition attire, shoes and bibs, and leave all their gear in the box available next to them. Athletes will be authorized to remove their masks only when standing at the start line. Dedicated personnel from the LOC (equipped with masks



and gloves) will collect masks left by athlete at the start line and treat this material as a potential contaminated waste.

5.c – The Racecourse

Four (two males, two females) portable toilets will be available for athlete's use only along the loop of the racecourse. They will be inspected and cleaned by dedicated personnel every 15 minutes during the duration of the male and female competitions. Sanitizing gels or equivalent should be available at the entrance of these portable toilets.

5.d – Refreshments stations

The LOC staff in charge of the refreshment station will wear gloves, mask and ideally a face shield. Only sealed bottles of water and beverages will be offered to athletes at these refreshments station. Manipulation of bottles or other items for athletes by either team official or neutral LOC volunteers will be done with extreme caution and regular handwashing will be implemented by all these staff members. The waste generated by these refreshment stations should be treated as a potentially contaminated waste.

5.e – Post-event: Finish Line, Mixed Zone and Medal Ceremony

Racers will pass the finish line go through the mixed zone.

A Remote Mixed Zone can be organised via teleconference device connecting accredited media on Media Tribune and and specialised Remote Mixed Zone moderator.

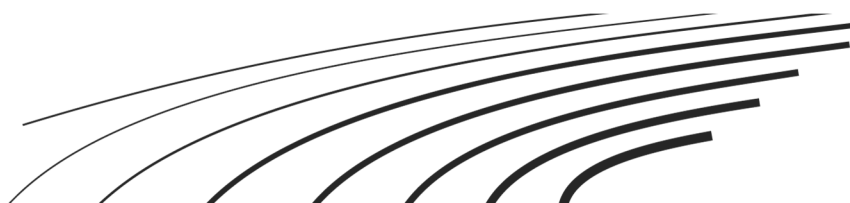
From the Mixed Zone, athletes will go back to their hotel via a secured path. **They will have to wear a mask when exiting the Mixed Zone**, as well as their bib number. Dedicated volunteers from the LOC to provide athletes with mask once they have crossed the finish line and entering the mixed zone.

In the Mixed Zone, a physical distancing of 2 metres will be applied between the interviewer and the athlete. The interviewer and its assisting staff will have to wear a mask, as the athlete will likely not wear a mask to answer questions.

Top 3 males and top 3 females plus the first three teams will attend this ceremony. The medal ceremony can be organised in the mixed zone where athletes will stand in front of the ENG backdrop with self-standing microphone answering media (standing on their side) questions. An alternate solution consists of a medal ceremony organised at the athletes' hotel in the room used for the official press conference following the same rules as the pre competition press conference.

5.f – Doping Controls

Doping controls will take place in two different locations: pre-competition tests at the athletes' official hotel and in-competition tests in a dedicated doping control station at the main venue.



Athletes will be required to wear their accreditation to facilitate their identification in case they are selected for doping control. The doping control station will be configured so as to ensure social distancing during doping control operations. All antidoping staff, athletes and accompanying persons will be required to wear mask (and where applicable gloves) during the entire procedure. Doping control operations will be conducted in strict accordance with AIU Covid-19 special instructions to Doping Control Personnel. Athletes will be required to wear their accreditation to allow identification in case they are designated to get tested. All antidoping staff, athletes and accompanying persons will wear mask during the entire procedure

5.g – Medical

Medical will be located along the racecourse and at the finish line. All medical staff will wear mask and gloves and operate according to strict medical protocol to prevent any COVID-19 contamination during their contact with a patient.

5.h – Accredited Team Officials

Team Officials will have access to the warm-up area, as well as dedicated spots nearby the racecourse where they will be able to watch the races. They must wear their mask all time

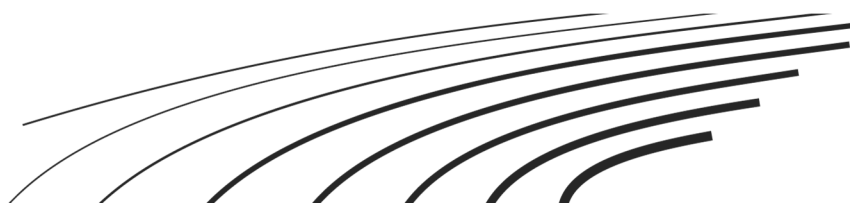
6. Media and Broadcasting

There will be only two sequences (Press Conference and Mixed Zone) involving the athletes and the media:

6.a - Press Conference the day before the Competition

The Official Press Conference will be held at the WA Family hotel. Athletes and WA/LOC guests to enter from one side, journalists from another one, and both will remain at recommended physical distancing. Only accredited media will be allowed in the press conference room. Exact room and procedures to be fine-tuned. WA/LOC representatives will need to be at the Official Press Conference, seating respecting social distancing and each person having his/her own microphone. Some selected athletes will be asked to attend, schedule to be prepared so one athlete will be present at a time. Each athlete interview will be maximum 10 min.

The press conference room must be able to accommodate 35-45 seated media – respecting the national social distancing regulations. The head table for the speakers must be 2.5-3 m away from the 1st row of seats. On the head table no extra microphones will be allowed except the one from the audio system you will use. At the back of the room there should be a platform for cameras (broadcasters, live streaming,...). TV cameras must be able to get the audio from an audio splitter at the back, where the platform will be.



For not sharing microphones between the media for questions, a microphone on a tripod in the middle of the room should be placed (again 2-3 m away from the seats around it) and media can go there – one by one - to ask their question. Press conference will be live streamed. No one to one interview will be happening.

6.b – Mixed Zone and Post event

A physical distancing of 2 metres will be applied between the interviewer and the athlete. The interviewer and its assisting staff will have to wear a mask, as the athlete will likely not wear a mask to answer questions.

6.c – Photographers:

Photographers Head-On

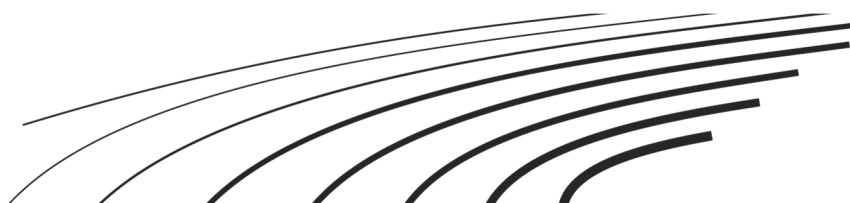
The positions on the Head-On platform will be preassigned. Assigned photographers can take their positions 30 minutes after the race start and they will not be able to leave the position till the end of the race, while they will always have to wear a mask.

Other photo positions

Photographers can be around the course.

6.d – Broadcasting

Broadcasting staff should operate through their own internal sanitary procedure. However, the broadcasting staff is requested to limit to a strict minimum contact with athletes, team officials, other media and LOC and World Athletics staff. Should interaction with the above-mentioned groups occur, broadcasting staff should follow a minimum social distancing of 1.5 metres (2 metres with athletes in mixed zone or post event) and wear mask. The broadcasting compound should have dedicated toilets and washroom close to their working space and benefit from a dedicated security personnel provided by the LOC.





APPENDIX A

MEDICAL EXAMINATION FORM - COVID-19

<u>Last name</u>	
<u>First name</u>	
<u>Date of birth</u>	

Private and confidential

I confirm that I have conducted an examination on [insert individual's name] to assess whether or not he/she displays or reports any symptoms of COVID-19. The examination did not include the use a SARS CoV2 genetic material test (PCR or LAMP) or any antibody virus test.

I confirm that this individual [does/does not]* display or report any symptoms of COVID-19.

[Note – this form will need to be checked for compliance with local legislation around release of medical information]

*DELETE AS APPROPRIATE

Signed: _____

Name of Doctor:

Address of Doctor:

Doctor's contact details (email address and phone number):

Date:

Signed: _____

Name of individual:

Date:

By signing this examination form, I consent to my Doctor disclosing to World Athletics this examination form and whether I do or do not display any symptoms of COVID-19. Accordingly, I have signed the attached Medical Information Release Form. I confirm have read and understood the Medical Clearance Protocol Privacy Policy ('Privacy Policy') and that this form and the Medical Information Release Form will both be disclosed to third parties (as referenced in the Privacy Policy) for the purposes of deciding whether or not I pose a risk to public health in order to issue my accreditation to the World Athletics Half Marathon Championships Gdynia, Poland 2020. I also acknowledge that the Medical Clearance Protocol is subject to local legislation, regulations, and local government and public health authorities' guidance to safeguarding against the COVID-19 pandemic generally and the health and safety of all attendees at the event.

APPENDIX B

PERMISSION FORM - MEDICAL INFORMATION RELEASE - COVID-19

<u>Last name</u>	
<u>First name</u>	
Date of birth	
Today's Date (dd/mm/yyyy)	

Private and confidential

I understand that World Athletics wishes to obtain:

1. the results of tests detecting SARS CoV2 genetic material (PCR or LAMP) on the samples collected from my nasopharyngeal swab; and
2. the results of the medical examination carried out on me by my personal or team doctor or the doctor working with World Athletics to determine whether or not I display or report signs of COVID-19.

This information is required to allow World Athletics to assess whether I may participate in the World Athletics Half Marathon Championships Gdynia 2020 without causing a risk to public health.

I understand that if I do not allow the above information to be provided to World Athletics, I will not be permitted to participate in World Athletics Half Marathon Championships Gdynia 2020 as they will not be able to assess whether or not I pose a risk to public health.

I confirm that I [do/do not]* consent you to send the above information to Dr Stéphane Bermon, medical delegate at the World Athletics Half Marathon Championships Gdynia 2020; and World Athletics' service provider for data hosting purposes, being noted that the servers can be located outside of Europe.

*DELETE AS APPROPRIATE

Signed: _____

Name of individual:

