Technical Regulations for IAAF World Athletics Series
June 2019
INTRODUCTION

These Technical Regulations are designed to provide a more understandable presentation of the regulations that currently administer the IAAF World Athletics Series events. The Regulations are subject to amendment reflecting any changes in the organisation and the conduct of IAAF World Athletics Series Competitions, which have been approved by the IAAF Council and are the reference for all IAAF World Athletics Series for 2019-2020.

Amendments since the previous edition (other than editorial) are marked by double lines in the margin.

IAAF

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101 GENERAL

101.1 The IAAF shall organise the IAAF World Championships every two years, in odd years.

101.2 The full event title shall be IAAF World Championships followed by the venue and year of the competition. A shorter version of the event title can be considered subject to IAAF approval.
102 EVENTS PROGRAMME

102.1 The IAAF World Championships shall normally be held on nine consecutive days.

102.2 The programme shall comprise the following 49 events, 24 for Men, 24 for Women and 1 Universal (Mixed):

102.2.1 Men

100 metres  3000m Steeplechase  Discus Throw
200 metres  110m Hurdles        Hammer Throw
400 metres  400m Hurdles        Javelin Throw
800 metres  High Jump           Decathlon
1500 metres Pole Vault          20km Race Walk
5000 metres Long Jump          50km Race Walk
10,000 metres Triple Jump      4 x 100m Relay
Marathon     Shot Put            4 x 400m Relay

102.2.2 Women

100 metres  3000m Steeplechase  Discus Throw
200 metres  100m Hurdles        Hammer Throw
400 metres  400m Hurdles        Javelin Throw
800 metres  High Jump           Heptathlon
1500 metres Pole Vault          20km Race Walk
5000 metres Long Jump          50km Race Walk
10,000 metres Triple Jump      4 x 100m Relay
Marathon     Shot Put            4 x 400m Relay

102.2.3 Universal (Mixed)

4x400m

102.2.4 Additional Events

Additional events may be organised for athletes with disabilities, Masters’ events, etc. The IAAF Council will approve if and which events will be staged, after consultation with the Technical Delegates and the LOC. All travel and accommodation costs for athletes in these events will normally be paid by the Local Organising Committee (LOC).
PARTICIPATION

103.1 Invitation to Participate

All IAAF Member Federations, hereafter called "Members", shall be invited by the IAAF to participate in the IAAF World Championships. This invitation, in the official languages of the IAAF, shall be sent at least one year before the IAAF World Championships.

The Organising Member, hereafter called "OM", shall, at the same time, also send a letter of invitation to all Members to participate.

103.2 Age Categories

103.2.1 U20 Athletes

Any athlete aged 18 or 19 years on 31 December in the year of the competition (e.g. for the 2019 Championships, born in 2000 or 2001) may compete in any event except the Marathon and 50km Race Walk.

103.2.2 U18 Athletes

Any athlete aged 16 or 17 years on 31 December in the year of the competition (e.g. for the 2019 Championships, born in 2002 or 2003) may compete in any event except the throwing events, the Combined Events, 10,000m, Marathon and the Race Walks.

103.2.3 Athletes Younger than 16

No athlete younger than 16 years of age on 31 December in the year of the competition (e.g. for the 2019 Championships, born in 2004 or later) may be entered.

103.3 Participation Principles

103.3.1 General

The IAAF shall establish the ideal number of athletes (and relay teams) to start in each event of the Championships. This number will include qualified and unqualified athletes (and relay teams).

Individual athletes can qualify in one of four ways:
1. Automatically by achieving the Entry Standard within the qualification period in accordance with criteria decided by IAAF (see 103.3.2)
2. Based on the finishing position at designated competitions (see 103.3.3)
3. By Wild Card (see 103.3.4)
4. As a result of being one of the best ranked athletes as per the IAAF Top Performance Lists within the respective qualification periods (see 103.3.5). This does not apply to the 10,000m, Marathons and Race Walks where entries will continue to be administered by Entry Standards only

Relay teams can qualify in one of two ways:
1. Automatically as being one of the first ten placed teams (twelve in the Mixed 4x400m) at the IAAF World Relays held in the same year the IAAF World Championships.
2. As a result of being one of the best ranked teams at the end of the qualification period to fill the remaining places (see 103.3.5).
Unqualified athletes and teams (including host country) can participate subject to certain conditions (see 103.3.6).

103.3.2 **Qualification by Entry Standards**

There shall be one Entry Standard for each individual event. The IAAF shall publish the Entry Standards and relevant criteria in the year preceding the IAAF World Championships as follows:

- In January the year before for the 10,000m, Marathon, Race Walk and Combined Events
- In December the year before for all other events.

103.3.3 **Qualification by Finishing Position at Designated Competitions**

Athletes shall also be considered as having achieved the Entry Standard in the following cases:

- The **Area Champions** in all the individual events (except for the Marathons). However, in the case of 10,000m, 3000m SC, Combined Events, Field Events and Road Events, the entry will be subject to the approval of the Technical Delegates, based on the athlete’s level. The Member Federation of the Area Champion will have the ultimate authority to enter the athlete or not, based on its own selection criteria. For details see specific Regulations at the end of the section.
- For the 10,000m, the top 15 athletes finishing in the senior Men’s and Women’s races at the previous edition of the IAAF World Cross Country Championships.
- For the **Marathons**, the top ten finishers at the IAAF Gold Label Marathons held in the qualification period.

103.3.4 **Qualification by Wild Card**

The IAAF will accept the participation of the current Reigning World Outdoor Champion and that of the Winner of the **IAAF Diamond League** (in the corresponding World Championships events) in the same year when Diamond League held before IAAF World Championships or the Winner of the previous year’s IAAF Diamond League if the Diamond League final is after the IAAF World Championships, and the leader (as the closing date of the qualification period) of the **Hammer Throw Challenge, Race Walking Challenge and Combined Events Challenge** as Wild Cards, in each individual event, on the condition that the athlete in question is entered by his Federation. If both are from the same country, only one of the two can be entered with this Wild Card. If a Member Federation has four athletes in one event as a result of this regulation, all four will be permitted to compete.

Any Member Federation having athletes selected under this rule will receive additional Quotas (see 104.1.) accordingly.
103.3.5 **Qualification by Ranking [Top Performance Lists]**

**Individual Events:** following the end of the qualification period, the IAAF shall assess the number of athletes having qualified in accordance with 103.3.2, 103.3.3 and 103.3.4 plus the requests for the participation of unqualified athletes (see 103.3.6). The IAAF shall then identify the athletes qualified by virtue of their position in the top performance lists and invite them through the respective Member Federation until the established ideal number of athletes by event is reached, respecting the maximum quota by Member Federation by event.

**Relays:** following the end of the qualification period, and knowing the Relay Teams that have qualified from the IAAF World Relays and those entered by the host country, the IAAF shall then identify the teams qualified by virtue of their position in the top performance lists and invite them through the respective Member Federation until the established ideal number of Relay Teams by event is reached.

103.3.6 **Participation of Unqualified Athletes**

Members who have no male and/or no female athletes who have achieved the Entry Standard or considered as having achieved the Entry Standard (see 103.3.2 and 103.3.3) or qualified relay team, may enter one unqualified male athlete or one unqualified female athlete in one event of the Championships (except the Road Events and Field Events [see below], Combined Events, 10,000m and 3000m Steeplechase).

Members whose best athlete excels in a **Field Event or Road Event**, may submit to the IAAF, by the stipulated deadline, the name of their athlete plus performance they would like to enter. The Technical Delegates will decide whether or not to accept such entry and, to do so, may seek the opinion of the relevant Area Association.

If the **Host Country** of the IAAF World Championships does not have an athlete who has achieved the Entry Standard in an event, or a qualified Relay Team, it may enter one athlete (or Relay Team) in that event regardless, with the exception of the Combined Events and Field Events where the above shall apply.

103.3.7 **Qualification Period**

- Starts 18 months before the Final Entries deadline for the 10,000m, Marathon, Race Walk, Relays and Combined Events (for the 2019 edition: from 7 March 2018 to midnight 6 September 2019 – regardless of the time zone)
- Starts 12 months before the Final Entries deadline for all other events (for the 2019 edition: from 7 September 2018 to midnight 6 September 2019 – regardless of the time zone)

103.4 **Entry Rules**

103.4.1 Member Federations can compete with up to three athletes in each event with the exception of the Relays (see 103.4.3) on condition that they are all qualified. A fourth athlete can compete as the Reigning World Champion or Diamond League Winner Wild card or Hammer Throw or Combined Events or Race Walking Challenge leading Wild card – see 103.3.4.
103.4.2 Member Federations can enter a **reserve athlete** in each event on condition that he has achieved the Entry Standard.

103.4.3 **Relay Teams** – A maximum of eight athletes may be entered for each Relay Team. Except for the Mixed 4x400m, all athletes already entered in the corresponding individual events (100m or 400m), including the eventual reserve, shall automatically count towards the six entries of the team. Any four athletes among those entered for the competition, whether for the relay or for any other event, may then be used in the composition of the team for the first round.

103.5 **Preliminary Entries**

IAAF shall only accept Preliminary Entries received from the Member Federation. Preliminary Entries must be submitted using the IAAF On-line Event Entry System: [http://evententry.iaaf.org](http://evententry.iaaf.org). The submission of Preliminary Entries will normally be possible from one month prior to the preliminary entry deadline which is four months before the first day of the IAAF World Championships. The entries shall indicate the number of athletes and officials as well as the anticipated travel dates and accommodation requirements.

103.6 **Final Entries**

IAAF shall only accept Final Entries received from the Member Federation. Final Entries must be submitted using the IAAF On-line Event Entry System: [http://evententry.iaaf.org](http://evententry.iaaf.org). The submission of Final Entries on-line for the competition will be possible from one month prior to the final entry deadline which is, normally, not later than two Mondays before the first day of competition (e.g. Monday, 16 September for a competition starting on Friday, 27 September), midnight Monaco time.

103.7 **Final Confirmation of Entries**

Unless otherwise specified in the Team Manual, for events held on the first day, Final Confirmation of Entries must be made before 12:00 (midday) two days before the first competition day and, for all subsequent days, before 9:00am on the day before the event.

103.8 **Team Uniform**

All athletes of the team shall wear the same colour competition uniform during the competition and in all ceremonies. The uniform must conform to IAAF Rules and Regulations. All Members must send in advance their uniform to [kitapprovals@iaaf.org](mailto:kitapprovals@iaaf.org) and bring their team uniform to the accreditation centre for inspection, during the accreditation procedures.

103.9 **Team Officials**

The number of officials who may be entered and/or accommodated with the Team is limited and will be in accordance with the total number of athletes entered. See Appendix A.
104 FINANCIAL CONDITIONS

104.1 Quota

The quota corresponds to the number of athletes for whom the IAAF and/or the LOC will provide financial support. It may vary from one edition of the event to the next depending on the financial agreement with the LOC. Athletes within the quota will receive financial support as below.

The host country has no quota.

104.2 Financial support

All participating athletes, representing Members which are in Good Standing with the IAAF, will benefit from return economy class travel and full-board accommodation.

104.2.1 Travel

The IAAF or the LOC will, in principle, make all the travel arrangements for the athletes, unless a specific written request is sent to the IAAF Office (by a set deadline) which includes a quote for approval. The IAAF will then confirm or reject the request. After the deadline, the IAAF reserves the right to refuse such requests.

104.2.2 Accommodation

All participating athletes will benefit from full-board accommodation in twin rooms paid for by the LOC for a maximum of 13 nights, during the subsidised period of the IAAF World Championships (a supplement will be charged for single room occupancy).

The number of officials accommodated at subsidised rates is limited (see Appendix A). Depending on availability, the additional officials allowed may be offered accommodation at regular rates.

The accommodation invoice will be based on the entry details (number of people, arrival and departure dates) submitted by the Final Entries deadline, with a tolerance of two.

104.3 Competition Awards

Competition Awards will be paid subject to the procedure established by the IAAF Council.

104.4 Penalties

Members must respect the deadlines and provide accurate information in their entries in order to avoid causing financial damage to the LOC. Failure to do so may result in the application of financial penalties as detailed below. The penalties will be debited to the account of the Member with the IAAF.

104.4.1 Respect of Deadlines

A penalty of $1,000 USD may be imposed on any Federation which does not respect the Preliminary and/or Final Entry deadlines.
104.4.2 **Realistic Entries**

A penalty of $1,000 USD per athlete, after the first two, may be imposed on Members which:
- after having announced through the Preliminary Entries their participation in an IAAF competition do not take part;
- after having entered in the Preliminary Entries more than two athletes, attend the competition with a number of athletes 25% or more higher or lower than the entered number.

105 **AUTHORITY AND DUTIES OF THE IAAF COUNCIL**

The IAAF Council shall:

105.1 approve the *Technical Regulations* of the IAAF World Championships;

105.2 decide the *venue and date* of the IAAF World Championships at the most appropriate Council Meeting to be held after the closing date for applications (normally five years before the year of the Competition);

105.3 approve the *Entry Standards and the Timetable of events*, as proposed by the Technical Delegates for the Event, at least eighteen months before the Competition (for the approval dates of the Entry Standards see 103.3.1);

105.4 approve the formula for the *Quota* and its benefit with regard to travel and accommodation;

105.5 decide the rotation of Council Members for the *Jury of Appeal*;

105.6 approve additional events to be staged (if proposed by the LOC – 102.2.4);

105.7 appoint the relevant *International Delegates and Officials* (see 106.2)
106.1 General

106.1.1 The LOC shall receive IAAF Delegates and Officials, as shown below. Travel and accommodation expenses (hereafter called “expenses”) will be in accordance with IAAF procedures, i.e. LOC shall pay the travel costs for all Delegates; in economy class for all journeys up to 2,500 kilometres and in business class for all journeys longer than 2,500 kilometres. Full board accommodation costs are the financial responsibility of the LOC.

106.1.2 Whenever possible, on at least two occasions, the preparatory visits on behalf of Delegates shall be conducted simultaneously.

106.1.3 No IAAF appointed Delegate may be a member of his country’s delegation.

106.1.4 All Delegates and Officials shall act in conformity with current IAAF Rules, Regulations and Guidelines and shall have the ultimate authority in their respective fields of responsibility.

106.1.5 The LOC shall supply the Organisational Delegate, Technical Delegates, Press Delegate, Medical Delegate, Anti-Doping Delegate, Chief ITO, the Chief Race Walking Judge, Photo Commissioner and Advertising Commissioner with a mobile phone each, complete with a local chip and shall pay for all local calls. It shall also supply an appropriate communication system (to be defined by the Technical Delegates) for the IRWJs and ITOs.

106.2 International Delegates and Officials appointed by the IAAF Council

106.2.1 One Organisational Delegate (OD)

He is appointed three years before the competition,

He is the liaison between the IAAF Council, the Organising Member/Committee, the City and all other appointed Delegates. He shall, at all times, retain responsibility for ensuring that the IAAF World Championships are organised to the established standards.

The LOC shall bear the expenses of the Organisational Delegate for a period of not more than five days before the Competition until a maximum of two days after the Competition, and for preliminary visits whenever deemed necessary by the IAAF for the successful staging of the Competition.

106.2.2 Three Technical Delegates (TDs)

They are appointed three years before the competition from the panel of IAAF Delegates.

In particular, the Technical Delegates shall submit to the Council proposals for:

- the Entry Standards;
- the Timetable, which shall have been drawn up together with the LOC and been given to the relevant television authorities for comment;
- the additional events to be staged – see 102.2.4.
Their other duties include:

- They shall approve the courses for the Marathon and Race Walking events;
- They shall approve the accommodation, together with the Organisational Delegate, for the athletes and officials;
- They shall ensure that all technical equipment is checked and conforms to IAAF requirements;
- They shall determine and approve the make and type of implements to be used at least one year before the Competition. The implements must have IAAF Certification [see 107.3.];
- A Technical Delegate shall chair the Technical Meeting.

The agreement of the Technical Delegates must be sought in advance on all matters relating to the technical conduct of the Competition.

The LOC shall bear the expenses of one Technical Delegate for a period of not more than ten days before the Competition until a maximum of one day after the Competition and for two Technical Delegates for a period of not more than five days before the Competition until a maximum of one day after the Competition, and for preliminary visits whenever deemed necessary by the IAAF for the successful staging of the Competition.

106.2.3 Jury of Appeal

The Jury of Appeal shall be the Council of the IAAF on rotation (excluding those members who are IAAF-nominated Delegates and officials) plus two members who is currently, or previously was, an IAAF International Technical Official, five members of which shall be on duty each day. A Chairman of the Jury and a permanent Secretary to the Jury shall be appointed.

The LOC shall bear the expenses of the Members of the Jury of Appeal for a period of not more than two days before the Competition until one day after the Competition.

106.2.4 One Medical Delegate

He is appointed three years before the competition.

The LOC shall bear the expenses of the Medical Delegate for a period of not more than three days before the Competition until one day after the Competition, and for one preliminary visit.

106.2.5 One Anti-Doping Delegate

He is appointed three years before the competition.

The LOC shall bear the expenses of the Anti-Doping Delegate for a period of not more than three days before the Competition until one day after the Competition, and for one preliminary visit.

106.2.6 One Press Delegate

He is appointed three years before the competition.
The LOC shall bear the expenses of the Press Delegate for a period of not more than five days before the Competition until one day after the Competition, and for a maximum of three preliminary visits.

106.2.7 **One Photographers’ Commissioner**

He is appointed two years before the competition,

The LOC shall bear the expenses of the Photographers’ Commissioner for a period of not more than five days before the Competition until one day after the Competition and for a maximum of two preliminary visits.

106.2.8 **One Advertising Commissioner**

He is appointed two years before the competition,

The LOC shall bear the expenses of the Advertising Commissioner for a period of not more than three days before the Competition until one day after the Competition and for a maximum of two preliminary visits.

106.2.9 **Ten International Technical Officials (ITOs)**

They are appointed one year before the Competition and shall be selected from the IAAF Panel. They will be twelve if they are also on Jury. One amongst them shall be appointed Chief ITO.

The LOC shall bear the expenses of the ITOs for a period of not more than three days before the Competition until one day after the Competition.

106.2.10 **One Chief and Eight Other International Race Walking Judges (IRWJs)**

They are appointed one year before the Competition and shall be selected from the IAAF Panel.

Up to four additional IRWJs may be appointed [on the recommendation of the Technical Delegates], depending on the distance of the walking course from the finish.

The LOC shall bear the expenses of the IRWJs for a period of not more than two days before the first Race Walking event until one day after the last Race Walking event and for one preliminary visit of the Chief IRWJ (if required by the TDs and to take place at the same time as one of the Technical Site Visits).

106.2.11 **Two Assistants to the Race Walking Chief Judge and Two Recorders**

If it is deemed by the IAAF that there is not sufficiently qualified personnel in the Host Country to fulfil these roles, the IAAF shall appoint one or two Assistants to the Race Walking Chief Judge and one or two Recorders. Otherwise such personnel may be appointed by the LOC upon approval of the IAAF.

They are appointed one year before the Competition.

The LOC shall bear the expenses of the two Recorders and two Chief Judge’s Assistants for a period of not more than two days before the first Race Walking event until one day after the last Race Walking event.

106.2.12 **One IAAF/AIMS Grade “A” International Road Race Course Measurer**
He is appointed two years before the competition and shall be selected from the relevant Panel.

The LOC shall bear the expenses of the Road Race Course Measurer for a period of not more than three days before the first Road Race event until one day after the last Road Race event and for one preliminary visit to measure the courses or, if these courses have been previously measured and certified, confirm the routes and to attend the laying down of the coloured line denoting the measurement line.

106.2.13 One International Starter (IS)

He is appointed one year before the competition and shall be selected from the relevant IAAF Panel.

The LOC shall bear the expenses of the IS for a period of three days before the Competition until one day after the Competition and for attending the Test Event prior to the Competition.

106.2.14 One International Photo Finish Judge (IPFJ)

He is appointed one year before the competition and shall be selected from the relevant IAAF Panel.

The LOC shall bear the expenses of the IPFJ for a period of three days before the Competition until one day after the Competition.

106.2.15 Two Statisticians

They shall be appointed one year before the competition.

The LOC shall bear the expenses of the Statisticians for a period of not more than five days before the Competition until one day after the Competition;

106.2.16 Two English and One French Speaking Announcers.

They are appointed one year before the Competition.

The LOC shall bear the expenses of the Announcers for a period of not more than three days before the Competition until one day after the Competition.

106.3 National Competition Officials appointed by the OM

The OM is responsible for the appointment of all National Referees, Judges and other Technical Officials, whose competence must be guaranteed. The Referees must be approved by the IAAF Technical Delegates.
107 TECHNICAL MATTERS AND REQUIREMENTS

107.1 Facilities

107.1.1 Main Stadium

The IAAF World Championships shall be held in a stadium conforming in all respects with the requirements of IAAF Rules and must hold a Class 1 IAAF Athletics Facility Certificate.

The track facility must be of a single radius bend construction, or if of a double radius bend design, the smaller radius may not be less than 30.00m.

The infield shall be natural grass or covered in a synthetic surface approved by the IAAF.

It should have a roof covering all the seating and must have a minimum capacity of 30,000 spectators.

107.1.2 Warm-up Facility

It is mandatory that there be a Warm-up facility, including a separate area for Long Throws, ideally within easy walking distance of the stadium. The track must be a 400m track with at least six oval lanes and the surface product should be the same as that in the main stadium.

107.1.3 Road Race Courses

The Road Race courses shall comply with the requirements of IAAF Rules 230.10 (Race Walks) and Rule 240 (Marathons). They shall be measured by the IAAF/AIMS approved Grade “A” International Road Course Measurer appointed by the IAAF who shall attend the IAAF World Championships to validate that the courses used are as measured.

The courses must comply with the criteria for an IAAF Road World Record (Rule 260.20 and 260.21).

In the case of the Marathons, the course shall be designed in accordance with the recommendations contained in the IAAF publication “Distance Running Manual” and a distinctive, coloured line denoting the course measured must be marked on the road. It is also mandatory that low emission vehicles be used for the lead car as well as for the media lead car.

107.1.4 Training Areas

Adequate training facilities must be provided to ensure training possibilities for all events at appropriate times. The TDs shall inspect and decide upon the most suitable facilities during the Site Visit[s].

107.1.5 Functional areas

A number of technical and functional areas and rooms must be provided by the LOC.

A basic list is as follows:

- Call Room[s]
- A Mixed Zone for Media interviews
• A Post Event Area where athletes are able to recover and collect their clothing
• A Photo Finish control room
• A Results Management room
• A gathering area for the Medal Ceremonies
• A Doping Control station, the location and layout of which needs to be agreed with the Anti-Doping Delegate;
• A Technical Information Centre (TIC) located at the Stadium;
• Competition Information Desks (CIDs) located at the athletes’ accommodation venue(s);
• A rest area for the Combined Events athletes at the main stadium;
• Adequate seats close to the Field Event sites need to be reserved by the LOC for the Field Events coaches. Such seats cannot therefore be sold and access can be granted by form of a pass or tickets.
• Seating for the Teams
The TDs shall inspect and decide upon the most suitable solutions during the Site Visit(s).

107.2 Technical Services

107.2.1 General
Technical Services must be provided as detailed below according to standards determined by the IAAF. To ensure such standards are met, the IAAF may identify preferred partner companies for certain services, the involvement of which will be discussed with the Local Organising Committee as required. In all cases, technical service providers are subject to final IAAF approval.

107.2.2 Time and Distance Measurement, False Start Control
For capturing the results of the competition:
• Fully Automatic Timing and Photo Finish System must be used. Transponder timing will be used additionally in the out-of-stadium events and may also be used for intermediate timing and lap counting purposes in the stadium events.
• Scientific distance measuring equipment must be provided and shall be used as appropriate.
• In addition, starting blocks must be fitted with approved false start control apparatus which must have an automatic recall system.

107.2.3 Competition Data Processing
A highly specialised results service company must be appointed for the competition data processing and disseminating the results, able to guarantee full compatibility with the timing and measurement services but also with the very specific technical requirements of Television, Media and Event Presentation including the provision of a Commentary Information System (CIS).
107.2.4 Race Walking Events Communication System
The use of an electronic communication system for all Race Walking events is obligatory. This should be composed of posting boards and hand-held devices with transmission capability for communicating the Red Cards to the Recorder.

107.2.5 Video Officiating Reply System
It is mandatory that a Video Officiating Reply System be provided to record all events according IAAF Rule 150. Such recordings shall be made in accordance with the IAAF Video Recording and Video Referee Guidelines and the System will be appointed by the IAAF.

107.2.6 Event Presentation
The IAAF Event Presentation Team, in collaboration with the LOC, is responsible for the planning and delivery of the Event Presentation elements, in accordance with the IAAF Event Presentation Guidelines. Expenses associated with ensuring a world class event presentation is the responsibility of the LOC. These elements include:

- A complete Event Presentation Team
- At least two adequately sized video boards [three is preferable] in the stadium for the public showing of the television signal. The size of such boards shall be agreed with the IAAF in advance.
- At least one electronic scoreboard to display results.
- A suitable sound system for public address and Event Presentation purposes.

107.3 Implements

107.3.1 Official Implements List
The TDs, in conjunction with the LOC and based on the implements most commonly used by major international athletes, shall determine a list of Official Implements which the LOC shall provide to the athletes. In principle, a minimum of six items shall be required for each implement, to cover the needs of the competition, warm-up and training venues.

107.3.2 Additional Implements
Further Implements may be added to the approved list if requested by Members or by Manufacturers with the endorsement of a Member Federation [by a deadline set by the Technical Delegates] and if supplied to the LOC free of charge [by a deadline set by the Technical Delegates]. However, all such implements must have IAAF certification and be approved by the Technical Delegates. Six items of each additional implement shall be required.

107.3.3 Personal Implements
Personal implements may be allowed, providing they are readily identifiable, they have a current IAAF certification, they are not on the official list and have been checked for compliance with the Rules in accordance with the Technical Delegates’ instructions. These implements must be available for use by the other participants until the end of the event.
107.3.4 **Usage Statistics**

The LOC must keep an accurate record of the implements (official or personal) used during the competition and produce usage statistics to be used for the purpose of compiling suitable official implements lists for future competitions.

107.4 **Equipment**

107.4.1 **Competition Equipment**
All competition equipment must be in accordance with current IAAF Rules.

107.4.2 **Equipment for Warm-up and Training Areas**
The LOC must provide adequate and sufficient equipment for all warm-up and training venues.

107.5 **Team Manual**

The IAAF, in close cooperation with the LOC, is responsible for the production of a Team Manual. The Team Manual must be posted on the LOC website (and be available for download) no less than two months before the competition and teams must be informed. A printed version may be available for distribution on site, upon teams’ arrival.

107.6 **Training in the Competition Stadium**

Athletes shall be given an opportunity to inspect and, if possible, train in the main competition stadium on at least one occasion prior to the start of the championships. Such training to be no more than two hours in duration and should normally be arranged one or two days before the competition at a time when most of the athletes are on site and which would not conflict with other activities in the stadium or the general organisation of the event.

107.7 **Technical Meeting**

Two days prior to the first day of the Competition, a Technical Meeting shall be held which not more than two representatives (and, if necessary, an interpreter) from each delegation may attend. The LOC shall provide simultaneous translation in five languages (English, French, Spanish, Russian and Arabic) if the meeting takes place immediately after the Congress and in the same venue. If the meeting is at another venue, simultaneous translation must be provided in English and French.

107.8 **Bib and Hip Numbers**
The athletes’ bibs (including those for the Medal Ceremonies), as well as the hip numbers, will be provided by IAAF.
107.9 Special Technical Rules for the World Championships

107.9.1 Preliminary Round for the 100m
In the Men’s and Women’s 100m, where the majority of unqualified athletes are entered, unqualified athletes may be required to compete in a Preliminary Round the results of which shall determine which athletes shall proceed to the Round 1 of the event. Qualified athletes shall start competing directly in Round 1.

107.9.2 Seedings, Draws and Qualification in Track Events
To accommodate the large number of entries in some events, alternate tables to those provided for in Rule 166.2 may be used by the Technical Delegates for seeding, draws and qualifications in Track Events. See Alternate Tables in Appendix B.

107.9.3 Penalty Zone
In the Race Walks, the Penalty Zone rule will be used.
108 PROTOCOL MATTERS

108.1 Opening Ceremony

108.1.1 The IAAF World Championships shall have an Opening Ceremony which may take place either at the main Stadium or at an alternative venue proposed by the LOC.

108.1.2 The LOC shall submit its general plan for the Opening Ceremony for IAAF approval.

108.1.3 The involvement of athletes and officials, which is to be discussed and agreed with the IAAF, is not an obligation, however all participating delegations shall be represented in the Opening Ceremony, at minimum by:
- A placard for each participating delegation bearing the name of the country/territory;
- The official flag of each participating country/territory.

Both shall be paraded into the Opening Ceremony venue in a way and at a time to be proposed by the LOC.

108.1.4 The names of the delegations shall be in the language of the host country (but in Roman script) and/or in English, and in accordance with those listed under IAAF Constitution Article 4.

108.1.5 At the end of the parade, when everyone is assembled, the official sequence of the Opening Ceremony shall take place as follows:
- Anthem of the Host Country;
- Welcome by the President of the LOC or his representative;
- Speech by the IAAF President or his representative;
- Opening of the IAAF World Championships by the Head of State or his representative;
- Raising of the IAAF Flag in the Stadium while the IAAF Anthem is played.

108.1.6 The LOC can plan some form of entertainment before and after the parade and official sequence of the Ceremony but the start and finish times, as well as the content, shall be agreed in advance with the IAAF.

108.2 Medal Ceremonies

108.2.1 Gold, Silver and Bronze medals shall be presented to the first three placed athletes in each individual event and to the first three placed relay teams who shall mount the awards podium.

For relay teams, the four athletes of each team who competed in the Final shall mount the awards podium. Other athletes (maximum four) who competed for any of these teams in the competition will subsequently receive their medals. It is the LOC’s duty to ensure that each team is given the correct number of medals.

In all cases, the medals will be presented in ascending order: third, second, first.

108.2.2 The medals shall be presented by one person appointed by the IAAF.
108.2.3 The awards podium should, whenever possible, be located outside the infield in a location to be agreed by the IAAF. The Medal Ceremony shall begin once all athletes and the presenting person are in position behind the awards podium. The Medal Ceremony shall consist of each athlete or team being presented their medals, followed by the national anthem of the first placed athlete or team together with the raising of the flags of the respective countries. When the Marathon and/or Race Walk finish outside the Stadium, the corresponding Medal Ceremonies, subject to the approval of the IAAF, may take place at the road events finish area.

108.2.4 The LOC is responsible for the design (which must be submitted to the IAAF for approval by the IAAF Council at least six months before the competition), production and costs of the medals (112 sets of Gold, Silver and Bronze) as follows:
- 22 for men’s individual events;
- 22 for women’s individual events;
- 40 for the five relay races (eight per set, male and female);
- 10 for the IAAF’s archive;
- 6 for any eventual doping cases;
- 6 for any eventual ties.
- 6 for spares

108.3 Closing Ceremony
The IAAF World Championships must have a Closing Ceremony and IAAF shall be given the opportunity to comment on the content of the Ceremony. The most important aspect is the handing over of the IAAF Flag to a representative of the OM and/or City of the next edition of the IAAF World Championships.
AREA CHAMPIONS AUTOMATIC QUALIFICATION REGULATIONS

1. The Area Champion in each individual event [except for the Marathons and field events, which are at discretion of Technical Delegates] automatically qualifies for the IAAF World Championships, irrespective of whether his performance has reached the Entry Standard.

2. The Area Champion shall be the one who has achieved the title at the Area Championships held in the year of the IAAF World Championships or in the preceding year.

3. If an Area does not have Area Championships in those years, then the Area may organise an alternate event to select the Area Champion in that period.

4. The Member Federation of the Area Champion will have the ultimate authority to enter the athlete or not, based on its own domestic standard or qualification system.

5. If the Member Federation of the Area Champion enters the athlete, he will be considered as having achieved the Entry Standard.

6. If the Area Champion, due to any reason, is not entered, this quota will not be delegated to the second placed athlete and the normal entry rules and conditions apply.

7. For those Area Championships that do not have certain events, the Area Associations can organise alternate Area specific event Championships with conditions conforming to Area Championships Regulations.

8. For an Area having restricted Area Championships, the Area Association may specify an existing competition of a suitable standard for the purpose of identifying the Area Champion. In such cases, it is necessary that all Member Federations within the Area be invited to compete in this Competition.

9. For the Marathon, the current qualification principles still apply.
INTERNATIONAL ASSOCIATION OF ATHLETICS FEDERATIONS

TECHNICAL REGULATIONS

FOR

IAAF WORLD INDOOR CHAMPIONSHIPS

(UPDATED 1ST MAY 2019)
201 GENERAL

201.1 The IAAF shall organise the IAAF World Indoor Championships every two years, in even years.

201.2 The full event title shall be IAAF World Indoor Championships followed by the venue and year of the competition. A shorter version of the event title can be considered subject to IAAF approval.
202 EVENTS PROGRAMME

202.1 The IAAF World Indoor Championships shall be held on three consecutive days.

202.2 The programme shall comprise the following 26 events, 13 for Men and 13 for Women:

202.2.1 Men
- 60 metres High Jump
- 400 metres Pole Vault
- 800 metres Long Jump
- 1500 metres Triple Jump
- 3000 metres Shot Put
- 60m Hurdles Heptathlon
- 4 x 400m Relay

202.2.2 Women
- 60 metres High Jump
- 400 metres Pole Vault
- 800 metres Long Jump
- 1500 metres Triple Jump
- 3000 metres Shot Put
- 60m Hurdles Pentathlon
- 4 x 400m Relay

202.2.3 Additional Events

Additional events may be organised for athletes with disabilities, Masters’ events, etc. The IAAF Council will approve if and which events will be staged, after consultation with the Technical Delegates and the LOC. All travel and accommodation costs for athletes in these events will normally be paid by the Local Organising Committee (LOC).
203 PARTICIPATION

203.1 Invitation to Participate

All IAAF Member Federations, hereafter called "Members", shall be invited by the IAAF to participate in the IAAF World Indoor Championships. This invitation, in the official languages of the IAAF, shall be sent at least six months before the IAAF World Indoor Championships.

The Organising Member, hereafter called "OM", shall, at the same time, also send a letter of invitation to all Members to participate.

203.2 Age Categories

203.2.1 U20 Athletes

Any athlete aged 18 or 19 years on 31 December in the year of the competition (e.g. for the 2020 Championships, born in 2001 or 2002) may compete in any event.

203.2.2 U18 Athletes

Any athlete aged 16 or 17 years on 31 December in the year of the competition (e.g. for the 2020 Championships, born in 2003 or 2004) may compete in any event except the Shot Put.

203.2.3 Athletes Younger than 16

No athlete younger than 16 years of age on 31 December in the year of the competition (e.g. for the 2020 Championships, born in 2005 or later) may be entered.

203.3 Entry Standards

203.3.1 Approximately twelve months before the IAAF World Indoor Championships, the IAAF shall publish, for all events except the Relays (for which there are no Entry Standards) and Combined Events (see 203.4.6), the Entry Standards and relevant criteria.

203.3.2 In the Field Events, qualification shall be determined by a combination of Entry Standards and Performance Lists.

203.3.3 The Standards must be achieved during the period from 1 January in the year preceding the IAAF World Indoor Championships to the closing date for Final Entries (203.6). Such Entry Standards must be achieved in accordance with criteria decided by IAAF and, in particular, in accordance with criteria set for ratification of World Indoor Records with regard to length of track, etc.

203.4 Entry Rules

203.4.1 A maximum of two athletes from any one Member can compete in each event with the exception of the Relays (see 203.4.7).

203.4.2 One, two or three athletes can initially be entered per event, provided each has achieved the corresponding Entry Standard (for Field Events see 207.10).
203.4.3 **Unqualified Athletes** – Members who have no male and/or no female qualified athletes whom they wish to enter in any Championships event may enter one unqualified male athlete or one unqualified female athlete in one event of the Championships [except the 800m, Field Events [see 203.4.4] and Combined Events [see 203.4.6]].

203.4.4 **800m and Field Events** – Members who have no male and/or no female qualified athlete but whose best athlete excels in the 800m or in a Field Event, may submit to the IAAF, by the stipulated deadline, the name of their athlete plus performance they would like to enter in the 800m or the Field Event. The Technical Delegates will decide whether or not to accept such entry and, to do so, may seek the opinion of the relevant Area Association.

203.4.5 If the **host country** of the IAAF World Indoor Championships does not have a qualified athlete in an event, it may enter one athlete in this event regardless of any Entry Standard [except the Combined Events]. For the 800m and Field Events, 203.4.4 applies.

203.4.6 **Combined Events** – Twelve athletes will be invited by the IAAF in the Heptathlon and in the Pentathlon as follows:
- the winner of the previous year’s Combined Events Challenge
- the five top ranked athletes from the previous year’s Outdoor Lists (as at 31st December), limited to a maximum of one per country and
- the five top ranked athletes from the Indoor Lists during the year of the Competition
- one athlete which may be invited at the discretion of the IAAF

In total no more than two male and two female athletes from any one Member will be invited. Upon refusals or cancellations, the invitations shall, until reasonably practical, be extended to the next ranked athletes in the same lists respecting the above conditions.

Members whose athletes are invited as above will receive additional quota places accordingly [see 204.1].

203.4.7 **Relay teams** – Every Member may enter one team for each relay race, composed by a maximum of eight athletes. Any four athletes among those entered for the competition, whether for the relay or for any other event, may then be used in the composition of the team for the first round.

203.5 **Preliminary Entries**

IAAF shall only accept Preliminary Entries received from the Member Federation. Preliminary Entries must be submitted using the IAAF On-line Event Entry System: http://evententry.iaaf.org. The submission of Preliminary Entries will normally be possible from one month prior to the preliminary entry deadline which is three months before the first day of the IAAF World Indoor Championships. The entries shall indicate the number of athletes and officials as well as the anticipated travel dates and accommodation requirements.

203.6 **Final Entries**
IAAF shall only accept Final Entries received from the Member Federation. Final Entries must be submitted using the IAAF On-line Event Entry System: http://evententry.iaaf.org. The submission of Final Entries on-line for the competition will be possible from one month prior to the final entry deadline which is not later than two Mondays before the first day of competition (e.g. Monday, 2 March for a competition starting on Friday, 13 March). The IAAF may request a copy of the official results of the event where the performances have been achieved.

203.7 Final Confirmation of Entries

Unless otherwise specified in the Team Manual, for events held on the first day, Final Confirmation of Entries must be made before 12:00 (midday) the day before the first competition day and, for all subsequent days, before 9am on the day before the event.

203.8 Team Uniform

All athletes of the team shall wear the same colour competition uniform during the competition and in all ceremonies. The uniform must conform to IAAF Rules and Regulations. All Members must send in advance their uniform to kitapprovals@iaaf.org and bring their team uniform to the accreditation centre for inspection, during the accreditation procedures.

203.9 Team Officials

The number of officials who may be entered and / or accommodated with the Team is limited and will be in accordance with the total number of athletes entered. See Appendix A.
204 FINANCIAL CONDITIONS

204.1 Quota
The Quota corresponds to the number of athletes for whom the LOC will provide financial support. It is largely based on the number of athletes ranked in the top 30 of the IAAF World Ranking Lists as at the end of the outdoor season of the previous year. Athletes within the Quota will receive financial support as below.

The host country has no quota.

204.2 Financial Support
All athletes within the quota, representing Members which are in Good Standing with the IAAF, will benefit from return economy class travel and full-board accommodation.

204.2.1 Travel
For quota athletes, the IAAF or the LOC will, in principle, make all the travel arrangements, unless a specific written request is sent to the IAAF Office (by a set deadline) which includes a quote for approval. The IAAF will then confirm or reject the request. After the deadline, the IAAF reserves the right to refuse such requests.

204.2.2 Accommodation
All athletes in the quota will benefit from full-board accommodation in twin rooms paid for by the LOC for a maximum of five nights during the subsidised period of the IAAF World Indoor Championships (a supplement will be charged for single room occupancy).

The number of officials accommodated at subsidised rates is limited (see Appendix A). Depending on availability, the additional officials allowed may be offered accommodation at regular rates.

The accommodation invoice will be based on the entry details (number of people, arrival and departure dates) submitted by the Final Entries deadline, with a tolerance of two.

204.3 Competition Awards
Competition Awards will be paid subject to the procedure established by the IAAF Council.

204.4 Penalties
Members must respect the deadlines and provide accurate information in their entries in order to avoid causing financial damage to the LOC. Failure to do so may result in the application of financial penalties as detailed below. The penalties will be debited to the account of the Member with the IAAF.

204.4.1 Respect of Deadlines
A penalty of $1,000 USD may be imposed on any Federation which does not respect the Preliminary and/or Final Entry deadlines.
204.4.2 **Realistic Entries**

A penalty of $1,000 USD per athlete, after the first two, may be imposed on Members which:
- after having announced through the Preliminary Entries their participation in an IAAF competition do not take part;
- after having entered in the Preliminary Entries more than two athletes, attend the competition with a number of athletes 25% or more higher or lower than the entered number.
AUTHORITY AND DUTIES OF THE IAAF COUNCIL

The IAAF Council shall:

205.1 approve the Technical Regulations of the IAAF World Indoor Championships;

205.2 decide the venue and date of the IAAF World Indoor Championships at the most appropriate Council Meeting to be held after the closing date for applications (normally three years before the year of the Competition);

205.3 approve the Entry Standards, as proposed by the Technical Delegates for the Event, at least twelve months before the Competition;

205.4 approve the Timetable of Events, as proposed by the Technical Delegates for the Event, at least one year before the Competition;

205.5 approve the formula for the Quota and its benefit with regard to travel and accommodation, about six months before the Competition;

205.6 appoint the relevant International Delegates and Officials [see 206.2]
206 DELEGATES AND OFFICIALS

206.1 General

206.1.1 The LOC shall receive IAAF Delegates and Officials, as shown below. Travel and accommodation expenses (hereafter called “expenses”) will be in accordance with IAAF procedures, i.e. LOC shall pay the travel costs for all Delegates; in economy class for all journeys up to 2,500 kilometres and in business class for all journeys longer than 2,500 kilometres. Full board accommodation costs are the financial responsibility of the LOC.

206.1.2 Whenever possible, on at least two occasions, the preparatory visits on behalf of Delegates shall be conducted simultaneously.

206.1.3 No IAAF appointed Delegate may be a member of his country’s delegation.

206.1.4 All Delegates and Officials shall act in conformity with current IAAF Rules, Regulations and Guidelines and shall have the ultimate authority in their respective fields of responsibility.

206.1.5 The LOC shall supply the Technical Delegates, Press Delegate, Medical Delegate, Anti-Doping Delegate, Chief ITO, Photo Commissioner and Advertising Commissioner with a mobile phone each, complete with a local chip and shall pay for all local calls.

206.2 International Delegates and Officials appointed by the IAAF Council

206.2.1 Two Technical Delegates (TDs)

They are appointed two years before the competition from the panel of IAAF Delegates.

In particular, the Technical Delegates shall submit to the Council proposals for:
- the Entry Standards;
- the Timetable which shall have been drawn up together with the LOC and been given to the relevant television authorities for comment;

Their other duties include:
- They shall approve the accommodation for the athletes and officials;
- They shall ensure that all technical equipment is checked and conforms to IAAF requirements;
- They shall determine and approve the make and type of implements (shots) to be used at least one year before the Competition. The implements must have IAAF Certification (see 207.3.);
- A Technical Delegate shall chair the Technical Meeting (if any)

The agreement of the Technical Delegates must be sought in advance on all matters relating to the technical conduct of the Competition.

The LOC shall bear the expenses of the two Technical Delegates for a period of not more than five days before the Competition until a maximum of two days after the Competition, and for preliminary visits whenever deemed necessary by the IAAF for the successful staging of the Competition.
206.2.2 **Three Members of the Jury of Appeal**

They are appointed one year before the Competition and must include at least one member who is currently, or previously was, an IAAF International Technical Official. A Chairman of the Jury and a permanent Secretary to the Jury shall also be appointed.

The LOC shall bear the expenses of the Members of the Jury of Appeal for a period of not more than two days before the Competition until one day after the Competition.

206.2.3 **One Medical Delegate**

He is appointed two years before the competition,

The LOC shall bear the expenses of the Medical Delegate for a period of not more than three days before the Competition until one day after the Competition, and for one preliminary visit, if it is deemed necessary.

206.2.4 **One Anti-Doping Delegate**

He is appointed two years before the competition,

The LOC shall bear the expenses of the Anti-Doping Delegate for a period of not more than three days before the Competition until one day after the Competition, and for one preliminary visit, if it is deemed necessary.

206.2.5 **One Press Delegate**

He is appointed two years before the competition,

The LOC shall bear the expenses of the Press Delegate for a period of not more than four days before the Competition until one day after the Competition, and for a maximum of two preliminary visits.

206.2.6 **One Photographers’ Commissioner**

He is appointed two years before the competition,

The LOC shall bear the expenses of the Photographers’ Commissioner for a period of not more than four days before the Competition until one day after the Competition and for one preliminary visit.

206.2.7 **One Advertising Commissioner**

He is appointed two years before the competition.

The LOC shall bear the expenses of the Advertising Commissioner for a period of not more than three days before the Competition until one day after the Competition and for one preliminary visit.

206.2.8 **Five International Technical Officials (ITOs)**

They shall be appointed one year before the Competition and shall be selected from the IAAF Panel. One amongst them shall be appointed Chief ITO.

The LOC shall bear the expenses the ITOs for a period of not more than three days before the Competition until one day after the Competition.
206.2.9 **One International Starter (IS)**

He is appointed one year before the competition and shall be selected from the IAAF Panel.

The LOC shall bear the expenses of the IS for a period of three days before the Competition until one day after the Competition and for attending the Test Event prior to the Competition.

206.2.10 **One International Photo Finish Judge (IPFJ)**

He is appointed one year before the competition and shall be selected from the IAAF Panel.

The LOC shall bear the expenses of the IPFJ for a period of three days before the Competition until one day after the Competition.

206.2.11 **One Statistician**

He is appointed one year before the competition.

The LOC shall bear the expenses of the Statistician for a period of not more than five days before the Competition until one day after the Competition.

206.2.12 **One English Announcer**

He shall be appointed one year before the Competition.

The LOC shall bear the expenses of the Announcer for a period of not more than three days before the Competition until one day after the Competition.

206.3 **National Competition Officials appointed by the OM**

The OM is responsible for the appointment of all National Referees, Judges and other Technical Officials, whose competence must be guaranteed. The Referees must be approved by the IAAF Technical Delegates.
207  TECHNICAL MATTERS AND REQUIREMENTS

207.1  Facilities

207.1.1  Main Stadium

The IAAF World Indoor Championships shall be held in a stadium conforming in all respects with the requirements of IAAF Rules and must hold an IAAF Indoor Athletic Facility Certificate. Whenever possible, the High Jump shall be conducted parallel to the sprints straight.

It must have a minimum overall capacity [for athletics] of 5,000 spectators.

207.1.2  Warm-up Facility

It is mandatory that there be a warm-up Track and warm-up facilities for Field Events within easy walking distance of the stadium.

207.1.3  Training Areas

Adequate training facilities must be provided to ensure training possibilities for all events at appropriate times. The TDs shall inspect and decide upon the most suitable facilities during the Site Visit[s].

207.1.4  Functional areas

A number of technical and functional areas and rooms must be provided by the LOC.

A basic list is as follows:
- Call Room[s];
- A Mixed Zone for Media interviews
- A Post Event Area where athletes are able to recover and collect their clothing
- A Photo-finish control room
- A Results Management room
- A gathering area for the medal ceremonies
- A Doping Control station, the location and layout of which needs to be agreed with the Anti-Doping Delegate;
- A Technical Information Centre [TIC] located at the Stadium;
- Competition Information Desks [CIDs] located at the athletes’ accommodation venue[s];
- A rest area for the Combined Events athletes at the main stadium;
- Adequate seats close to the Field Event sites [if applicable] need to be reserved by the LOC for the Field Events coaches. Such seats [if applicable] cannot therefore be sold and access can be granted by form of a pass or tickets.
- Seating for the Teams

The TDs shall inspect and decide upon the most suitable solutions during the Site Visit[s].
207.2 Technical Services

207.2.1 General

Technical Services must be provided as detailed below according to standards determined by the IAAF. To ensure such standards are met, the IAAF may identify preferred partner companies for certain services, the involvement of which will be discussed with the Local Organising Committee as required. In all cases, technical service providers are subject to final IAAF approval.

207.2.2 Time and Distance Measurement, False Start Control

For capturing the results of the competition:
- Fully Automatic Timing and Photo Finish System must be used.
- Scientific distance measuring equipment must be provided and shall be used as appropriate.
- In addition, starting blocks must be fitted with approved false start control apparatus which must have an automatic recall system.

207.2.3 Competition Data Processing

A highly specialised results service company must be appointed for the competition data processing and disseminating the results, able to guarantee full compatibility with the timing and measurement services but also with the very specific technical requirements of Television, Media and Event Presentation including the provision of a Commentary Information System (CIS).

207.2.4 Video Officiating Reply System

It is mandatory that a Video Officiating Reply System be provided to record all events according IAAF Rule 150. Such recordings shall be made in accordance with the IAAF Video Recording and Video Referee Guidelines and the System will be appointed by the IAAF.

207.2.5 Event Presentation

The IAAF Event Presentation Team, in collaboration with the LOC, is responsible for the planning and delivery of the Event Presentation elements, in accordance with the IAAF Event Presentation Guidelines. Expenses associated with ensuring a world class event presentation is the responsibility of the LOC. These elements include:
- A complete Event Presentation Team
- At least one adequately sized video board (two is preferable) in the stadium for the public showing of the television signal. The size of such boards shall be agreed with the IAAF in advance.
- At least one electronic scoreboard to display results.
- A suitable sound system for public address and Event Presentation purposes.

207.3 Implements

207.3.1 Official Implements List (shots)
The TDs, in conjunction with the LOC, and based on the shots most commonly used by major international athletes, shall determine a list of Official Implements which the LOC shall provide to the athletes. In principle a minimum of four items shall be required for each implement, to cover the needs of the competition, warm-up and training venues.

207.3.2 Additional Implements

Further Implements may be added to the approved list if requested by Members or by Manufacturers with the endorsement of a Member Federation (by a deadline set by the Technical Delegates) and if supplied to the LOC free of charge (by a deadline set by the Technical Delegates). However, all such implements must have IAAF certification and be approved by the Technical Delegates. Four items of each additional implement shall be required.

207.3.3 Personal Implements

Personal implements may be allowed, providing they are readily identifiable, they have IAAF certification, they are not on the official list and have been checked for compliance with the Rules in accordance with the Technical Delegates’ instructions. These implements must be available for use by the other participants, until the end of the event.

207.3.4 Usage Statistics

The LOC must keep an accurate record of the implements (official or personal) used during the competition and produce usage statistics to be used for the purpose of compiling suitable official implements lists for future competitions.

207.4 Equipment

207.4.1 Competition Equipment

All competition equipment must conform to current IAAF Rules.

207.4.2 Equipment for Warm-up and Training Areas

The LOC must provide adequate and sufficient equipment for all warm-up and training venues.

207.5 Team Manual

The IAAF, in close cooperation with the LOC, is responsible for the production of a Team Manual. The Team Manual must be posted on the LOC website (and be available for download) no less than two months before the competition and teams must be informed. A printed version may be available for distribution on site, upon teams’ arrival.

207.6 Training in the Competition Stadium

Athletes shall be given an opportunity to inspect and, if possible, train in the main competition stadium on at least one occasion prior to the start of the championships. Such training to be no more than two hours in duration and should normally be arranged one or two days before the competition at a time.
when most of the athletes are on site and which would not conflict with other activities in the stadium or the general organisation of the event.

207.7 **Technical Meeting**

One day before the first day of the Competition, a Technical Meeting may be held which not more than two representatives (and, if necessary, an interpreter) from each delegation may attend.

207.8 **Bibs and Hip Numbers**

The athletes’ bibs (including those for the medal ceremonies), as well as the hip numbers, will be provided by IAAF.

207.9 **Special Technical Rules for the Indoor Championships**

207.9.1 **Horizontal Jumps and Shot Put**

The Horizontal Jumps and Shot Put shall be held as straight Finals with sixteen athletes starting in each event. The event shall be conducted as follows:

- The top eight after three rounds have two additional attempts
- The top four after five rounds have one last attempt

207.9.2 **High Jump and Pole Vault**

The Men’s and Women’s High Jump and Pole Vault events shall be held as straight Finals with twelve athletes starting in each event

207.9.3 **Seedings, Draws and Qualification in Track Events**

To accommodate the large number of entries in some events, alternate tables to those provided for in Rule 215.1 may be used by the Technical Delegates for seeding, draws and qualifications in Track Events. See Alternate Tables in Appendix B.

For the first round of the 800m, if seven or eight athletes are required to run in one heat, they will be placed in lane five when there is one additional athlete and in lanes two and five when there are two additional athletes.
208 PROTOCOL MATTERS

208.1 Opening Ceremony

208.1.1 The IAAF World Indoor Championships shall have an Opening Ceremony which may take place either at the main Stadium or at an alternative venue proposed by the LOC.

208.1.2 The LOC shall submit its general plan for the Opening Ceremony for IAAF approval.

208.1.3 The eventual involvement of athletes and officials, which has to be discussed and agreed with the IAAF, is not essential, however all participating delegations shall be represented in the Opening Ceremony, at minimum by:
- A placard for each participating delegation bearing the name of the country/territory;
- The official flag of each participating country/territory.
Both shall be paraded into the Opening Ceremony venue in a way and at a time to be proposed by the LOC.

208.1.4 The names of the delegations shall be in the language of the host country [but in Roman script] and/or in English, and in accordance with those listed under IAAF Constitution Article 4.

208.1.5 At the end of the parade, when everyone is assembled, the official sequence of the Opening Ceremony shall take place as follows:
- Anthem of the Host Country;
- Welcome by the President of the LOC or his representative;
- Speech by the IAAF President or his representative;
- Opening of the IAAF World Championships in Athletics by the Head of State or his representative;
- Raising of the IAAF Flag in the Stadium while the IAAF Anthem is played.

208.1.6 The LOC can plan some form of entertainment before and after the parade and official sequence of the Ceremony but the start and finish times, as well as the content, shall be agreed in advance with the IAAF.

208.2 Medal Ceremonies

208.2.1 Gold, Silver and Bronze medals shall be presented to the first three placed athletes in each individual event and the first three placed relay teams who shall mount the awards podium.

For relay teams, the four athletes of each team who competed in the Final shall mount the awards podium. Other athletes (maximum four) who competed for any of these teams in the competition will subsequently receive their medals. It is the LOC’s duty to ensure that each team is given the correct number of medals.

In all cases, the medals will be presented in ascending order: third, second, first.

208.2.2 The medals shall be presented by one person appointed by the IAAF.
208.2.3 The awards podium should, whenever possible, be located outside the infield in a location to be agreed by the IAAF. The medal ceremony shall begin once all athletes and the presenting person are in position behind the awards podium. The medal ceremony shall consist of each athlete or team being presented their medals, followed by the national anthem of the first placed athlete or team together with the raising of the flags of the respective countries.

208.2.4 The LOC is responsible for the design (which must be submitted to the IAAF for approval by the IAAF Council at least six months before the competition), production and costs of the medals (68 sets of Gold, Silver and Bronze) as follows:
- 12 for men’s individual events;
- 12 for women’s individual events;
- 16 for the two relay races (eight per set, male and female);
- 10 for the IAAF’s archive;
- 6 for any eventual doping cases;
- 6 for any eventual ties.
- 6 for spares

208.3 **Closing Ceremony**

There should be a simple ceremony to hand over the flag to the following organisers. However, if the LOC wishes to stage a more elaborate Closing Ceremony, the IAAF’s approval must be sought and the script of any such Ceremony approved.
301 GENERAL

301.1 The IAAF shall organise the IAAF World U20 Championships every two years, in even years.

301.2 The full event title shall be IAAF World U20 Championships followed by the venue and year of the competition. A shorter version of the event title can be considered subject to IAAF approval.
302  EVENTS PROGRAMME

302.1 The IAAF World U20 Championships, including the Opening Ceremony, shall be held on six consecutive days.

302.2 The programme shall comprise the following 45 events, 22 for Men, 22 for Women and 1 Universal (Mixed):

#### 302.2.1 Men

<table>
<thead>
<tr>
<th>Event</th>
<th>Men</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 metres</td>
<td>3000m Steeplechase</td>
</tr>
<tr>
<td>200 metres</td>
<td>110m Hurdles (0.991m)</td>
</tr>
<tr>
<td>400 metres</td>
<td>400m Hurdles (0.914m)</td>
</tr>
<tr>
<td>800 metres</td>
<td>High Jump</td>
</tr>
<tr>
<td>1500 metres</td>
<td>Pole Vault</td>
</tr>
<tr>
<td>3000 metres</td>
<td>Long Jump</td>
</tr>
<tr>
<td>5000 metres</td>
<td>Triple Jump</td>
</tr>
<tr>
<td></td>
<td>Shot Put (6kg)</td>
</tr>
<tr>
<td></td>
<td>Discus Throw (1.750kg)</td>
</tr>
<tr>
<td></td>
<td>Hammer Throw (6kg)</td>
</tr>
<tr>
<td></td>
<td>Javelin Throw (800g)</td>
</tr>
<tr>
<td></td>
<td>Decathlon</td>
</tr>
<tr>
<td></td>
<td>10,000m Race Walk</td>
</tr>
<tr>
<td></td>
<td>4 x 100m Relay</td>
</tr>
<tr>
<td></td>
<td>4 x 400m Relay</td>
</tr>
</tbody>
</table>

#### 302.2.2 Women

<table>
<thead>
<tr>
<th>Event</th>
<th>Women</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 metres</td>
<td>3000m Steeplechase</td>
</tr>
<tr>
<td>200 metres</td>
<td>100m Hurdles (0.838m)</td>
</tr>
<tr>
<td>400 metres</td>
<td>400m Hurdles (0.762m)</td>
</tr>
<tr>
<td>800 metres</td>
<td>High Jump</td>
</tr>
<tr>
<td>1500 metres</td>
<td>Pole Vault</td>
</tr>
<tr>
<td>3000 metres</td>
<td>Long Jump</td>
</tr>
<tr>
<td>5000 metres</td>
<td>Triple Jump</td>
</tr>
<tr>
<td></td>
<td>Shot Put (4kg)</td>
</tr>
<tr>
<td></td>
<td>Discus Throw (1kg)</td>
</tr>
<tr>
<td></td>
<td>Hammer Throw (4kg)</td>
</tr>
<tr>
<td></td>
<td>Javelin Throw (600g)</td>
</tr>
<tr>
<td></td>
<td>Heptathlon</td>
</tr>
<tr>
<td></td>
<td>10,000m Race Walk</td>
</tr>
<tr>
<td></td>
<td>4 x 100m Relay</td>
</tr>
<tr>
<td></td>
<td>4 x 400m Relay</td>
</tr>
</tbody>
</table>

#### 302.2.3 Universal [Mixed]

<table>
<thead>
<tr>
<th>Event</th>
<th>Universal [Mixed]</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>4 x 400m Relay</td>
</tr>
</tbody>
</table>
PARTICIPATION

303.1 Invitation to Participate
All IAAF Member Federations, hereafter called "Members", shall be invited by the IAAF to participate in the IAAF World U20 Championships. This invitation, in the official languages of the IAAF, shall be sent at least six months before the IAAF World U20 Championships. The Organising Member, hereafter called “OM”, shall, at the same time, also send a letter of invitation to all Members to participate.

303.2 Age Categories
303.2.1 U20 Athletes
Athletes aged 18 or 19 years on 31 December in the year of the competition (e.g. for the 2020 Championships, born in 2001 or 2002), may compete in any event.

303.2.2 U18 Athletes
Athletes aged 16 or 17 years on 31 December in the year of the competition (e.g. for the 2020 Championships, born in 2003 or 2004), may compete in any event. However, the maximum number of events in which a U18 athlete can compete is two individual events plus one of the relays. If the two individual events are Track Events, only one of these may be longer than 200m.

303.2.3 Athletes Younger than 16
No athlete younger than 16 years of age on 31 December in the year of the competition (e.g. for the 2020 Championships, born in 2005 or later) may be entered.

Team Leaders must present athletes’ passports upon arrival, or other official documents indicating the year of birth, to confirm ages in order for them to be registered by IAAF.

303.3 Entry Standards
303.3.1 Approximately twelve months before the IAAF World U20 Championships, IAAF shall publish for all events, except the relays (for which there are no Entry Standards), the Entry Standards and relevant criteria.

303.3.2 The Entry Standards must be achieved during the period from 1 October in the year preceding the IAAF World U20 Championships to the closing date for final entries (303.6). Such Entry Standards must be achieved in accordance with criteria decided by IAAF.

303.4 Entry Rules
303.4.1 A maximum of two athletes from any one Member can compete in each event with the exception of the Relays (see 303.4.6).

303.4.2 Three athletes can initially be entered per event, provided each has achieved the Entry Standard but only two will be permitted to compete.
303.4.3 **Unqualified Athletes** – Members who have no male and/or female qualified athletes whom they wish to enter in any Championships event, may enter one unqualified male athlete or one unqualified female athlete in one event of the Championships (except the Field Events [see 303.4.4], Combined Events, 5000m and 3000m Steeplechase).

303.4.4 **Field Events** – Members who have no male and/or no female qualified athlete but whose best athlete excels in a Field Event, may submit to the IAAF, by the stipulated deadline, the name of their athlete plus performance they would like to enter in the Field Event. The Technical Delegates will decide whether or not to accept such entry and, to do so, may seek the opinion of the relevant Area Association.

303.4.5 **Host Country** – If the host country of the IAAF World U20 Championships does not have a qualified athlete in an event, it may enter one athlete in this event regardless of any Entry Standard.

303.4.6 **Relay Teams** – Every Member may enter one team for each relay race.

303.5 **Preliminary Entries**

IAAF shall only accept Preliminary Entries received from the Member Federation. Preliminary Entries must be submitted using the IAAF On-line Event Entry System: [http://evententry.iaaf.org](http://evententry.iaaf.org). The submission of Preliminary Entries will normally be possible from one month prior to the preliminary entry deadline which is three months before the first day of the IAAF World U20 Championships. The entries shall indicate the number of competitors and officials as well as the anticipated travel dates and accommodation requirements.

303.6 **Final Entries**

IAAF shall only accept Final Entries received from the Member Federation. Final Entries must be submitted using the IAAF On-line Event Entry System: [http://evententry.iaaf.org](http://evententry.iaaf.org). The submission of Final Entries on-line for the competition will be possible from one month prior to the final entry deadline which is not later than three Mondays before the first day of competition (e.g. Monday, 22 June for a competition starting on Tuesday, 7 July), midnight Monaco time. The IAAF may request a copy of the official results of the event where the performances have been achieved.

303.7 **Final Confirmation of Entries**

Unless otherwise specified in the Team Manual, for events held on the first day, Final Confirmation of Entries must be made before 12:00 (midday) one day before the first competition day and, for all subsequent days, before 9:00 on the day before the event.

303.8 **Team Uniform**

All athletes of the team shall wear the same colour competition uniform during the competition and in all ceremonies. The uniform must conform to IAAF Rules and Regulations. All Members must send in advance their uniform to
kitapprovals@iaaf.org and bring their team uniform to the accreditation centre for inspection, during the accreditation procedures.

303.9 Team Officials

The number of officials who may be entered and/or accommodated with the Team is limited and will be in accordance with the total number of athletes entered [see Appendix A].
304 FINANCIAL CONDITIONS

304.1 Quota
The quota corresponds to the number of athletes for whom the IAAF and/or the LOC will provide financial support as detailed below. The quota is calculated for each Member Federation according to the number of finalists in the previous edition of the IAAF World U20 Championships (each relay team counts for two places). In any case the maximum quota for any Member is 20.

Members without a set quota will have a quota of one athlete unless by the deadline for the Final Entries, they have two or more athletes [at least one man and one woman] having achieved the standards; in this case, their quota will be increased to two.

The Host country has no quota.

304.2 Financial Support
All athletes within the quota, representing Members which are in Good Standing with the IAAF, will benefit from return economy class travel and full-board accommodation.

304.2.1 Travel
For quota athletes, the IAAF will, in principle, make all the travel arrangements for the quota athletes, unless a specific written request is sent to the IAAF Office [by a set deadline] which includes a quote for approval. The IAAF will then confirm or reject the request. After the deadline, the IAAF reserves the right to refuse such requests.

304.2.2 Accommodation
All athletes within the quota will benefit from full-board accommodation in twin rooms paid for by the LOC for a maximum of eight nights during the subsidised period of the IAAF World U20 Championships.

The number of officials accommodated at subsidised rates is limited [see Appendix A]. Depending on availability, the additional officials allowed may be offered accommodation at regular rates.

The accommodation invoice will be based on the entry details [number of people, arrival and departure dates] submitted by the Final Entries deadline, with a tolerance of two.

304.3 Competition Awards
There are no competition awards for the IAAF World U20 Championships.

304.4 Penalties
Members must respect the deadlines and provide accurate information in their entries in order to avoid causing financial damage to the LOC. Failure to do so may result in the application of financial penalties as detailed below. The penalties will be debited to the account of the Member with the IAAF.
304.4.1 **Respect of Deadlines**

A penalty of USD 1,000 may be imposed on any Federation which does not respect the Preliminary and/or Final Entry deadlines.

304.4.2 **Realistic Entries**

A penalty of USD 1,000 per athlete, after the first two, may be imposed on Members which:

- after having announced through the Preliminary Entries their participation in an IAAF competition, do not take part;
- after having entered in the Preliminary Entries more than two athletes, attend the competition with a number of athletes 25% or more higher or lower than the entered number.
305 AUTHORITY AND DUTIES OF THE IAAF COUNCIL

The IAAF Council shall:

305.1 approve the Technical Regulations of the IAAF World U20 Championships;

305.2 decide the venue and date of the IAAF World U20 Championships at the most appropriate Council Meeting to be held after the closing date for applications (normally three years before the year of the competition);

305.3 approve the Entry Standards, as proposed by the Technical Delegates for the Event, at least twelve months before the Competition;

305.4 approve the Timetable of Events, as proposed by the Technical Delegates for the Event, at least one year before the Competition;

305.5 approve the formula for the Quota and its benefit with regard to travel and accommodation, at least one year before the Competition;

305.6 appoint the relevant International Delegates and Officials (see 306.2).
306  DELEGATES AND OFFICIALS

306.1  General

306.1.1  The LOC shall receive IAAF Delegates and Officials as shown below. Travel and accommodation expenses (hereafter called “expenses”) will be in accordance with IAAF procedures, i.e. the LOC shall pay the travel costs for all Delegates in economy class and IAAF will pay the additional costs for business class (for all journeys longer than 2,500 kilometres). Full board accommodation costs are the financial responsibility of the LOC.

306.1.2  Whenever possible, at least on one occasion, the preparatory visits on behalf of Delegates shall be conducted simultaneously.

306.1.3  No IAAF appointed Delegate may be a member of his country’s delegation.

306.1.4  All Delegates and International Officials shall act in conformity with current IAAF Rules, Regulations and Guidelines and shall have the ultimate authority in their respective fields of responsibility.

306.1.5  The LOC shall supply the Technical Delegates, Press Delegate, Medical Delegate, Anti-Doping Delegate and the Chief ITO with a mobile phone each, complete with a local chip and shall pay for all local calls.

306.2  International Delegates and Officials Appointed by the IAAF Council

306.2.1  Two Technical Delegates (TDs)

They are appointed two years before the competition from the panel of IAAF Delegates.

In particular, they shall submit to the Council proposals for:
- the Entry Standards;
- the Timetable, which shall have been drawn up together with the LOC and been given to the relevant television authorities for comment.

Their other duties include:
- they shall approve the accommodation for the athletes and the officials;
- they shall ensure that all technical equipment is checked and conforms to IAAF requirements;
- they shall determine and approve the make and type of implements to be used at least one year before the Competition. The implements must have IAAF Certification (see 307.3.);
- a Technical Delegate shall chair the Technical Meeting (if any).

The LOC shall bear the expenses of the two Technical Delegates for not more than five days before the Competition until two days after the Competition and for preliminary visits whenever deemed necessary by the IAAF for the successful staging of the Competition.

306.2.2  Three Members of the Jury of Appeal
They are appointed one year before the Competition and must include at least one member who is currently, or previously was, an IAAF International Technical Official. A Chairman of the Jury and a permanent Secretary to the Jury shall also be appointed.

The LOC shall bear the expenses of the Members of the Jury of Appeal for a period of not more than two days before the Competition until one day after the Competition.

306.2.3 **One Medical Delegate**

He is appointed two years before the competition.

The LOC shall bear the expenses of the Medical Delegate for a period of not more than three days before the Competition until one day after the competition, and for one preliminary visit if it is deemed necessary.

306.2.4 **One Anti-Doping Delegate**

He is appointed two years before the competition.

The LOC shall bear the expenses of the Anti-Doping Delegate for a period of not more than three days before the Competition until one day after the competition and for one preliminary visit if it is deemed necessary.

306.2.5 **One Press Delegate**

He is appointed two years before the competition.

The LOC shall bear the expenses of the Press Delegate for a period of not more than three days before the Competition until one day after the Competition, and for a maximum of two preliminary visits.

306.2.6 **Ten International Technical Officials (ITOs)**

They shall be appointed one year before the Competition and shall be selected from the IAAF Panel. One amongst them shall be appointed Chief ITO.

The LOC shall bear the expenses of the ITOs for a period of not more than two days before the Competition until one day after the Competition.

306.2.7 **One Chief and Five Other International Race Walking Judges (IRWJs)**

They shall be appointed one year before the Competition and shall be selected from the IAAF Panel.

The LOC shall bear the expenses of the IRWJs for a period of not more than two days before the first Race Walking event until one day after the last Race Walking event.

306.2.8 **One International Starter (IS)**

He is appointed one year before the competition and shall be selected from the IAAF Panel.

The LOC shall bear the expenses of the IS for a period of two days before the Competition until one day after the Competition and for attending the Test Event prior to the Competition.
306.2.9 **One International Photo Finish Judge (IPFJ)**

He is appointed one year before the competition and shall be selected from the IAAF Panel.

The LOC shall bear the expenses of the IPFJ for a period of two days before the Competition until one day after the Competition.

306.2.10 **One Statistician**

He is appointed one year before the competition.

The LOC shall bear the expenses of the Statisticians for a period of not more than five days before the Competition until one day after the Competition;

306.2.11 **One English Announcer**

He shall be appointed one year before the Competition.

The LOC shall bear the expenses of the Announcer for a period of not more than two days before the Competition until one day after the Competition.

306.3 **National Competition Officials Appointed by the OM**

The OM is responsible for the appointment of all National Referees, Judges and other Technical Officials, whose competence must be guaranteed. The Referees must be approved by the IAAF Technical Delegates.
307 TECHNICAL MATTERS AND REQUIREMENTS

307.1 Facilities

307.1.1 Main Stadium

The IAAF World U20 Championships shall be held in a stadium conforming in all respects with the requirements of IAAF Rules and must hold a Class 1 IAAF Athletics Facility Certificate.

The track facility must be of a single radius bend construction, or if of a double radius bend design, the smaller radius may not be less than 30.00m.

The infield shall be natural grass or covered in a synthetic surface approved by the IAAF.

The Stadium must have a minimum capacity of 10,000 spectators.

307.1.2 Warm-up Facility

It is mandatory that there be a warm-up facility, including a separate area for Long Throws within easy walking distance of the stadium.

307.1.3 Training Areas

Adequate training facilities must be provided to ensure training possibilities for all events at appropriate times. The TDs shall inspect and decide upon the most suitable facilities during the Site Visit(s).

307.1.4 Functional Areas

A number of technical and functional areas and rooms must be provided by the LOC.

A basic list is as follows:
- Call Room(s);
- A Mixed Zone for Media interviews;
- A Post Event Area where athletes are able to recover and collect their clothing;
- A Photo-finish control room;
- A Results Management room;
- A gathering area for the Medal Ceremonies;
- A Doping Control Station, the location and layout of which needs to be agreed with the Anti-Doping Delegate;
- A Technical Information Centre [TIC] located at the Stadium;
- Competition Information Desks [CIDs] located at the athletes’ accommodation venue(s);
- A rest area for the Combined Events athletes at the main stadium;
- Adequate seats close to the Field Event sites need to be reserved by the LOC for the Field Events coaches. Such seats cannot therefore be sold, and access can be granted by form of a pass or tickets.
- Seating for the Teams.

The TDs shall inspect and decide upon the most suitable solutions during the Site Visit(s).
307.2 **Technical Services**

307.2.1 **General**

Technical Services must be provided as detailed below according to standards determined by the IAAF. To ensure such standards are met, the IAAF may identify preferred partner companies for certain services, the involvement of which will be discussed with the Local Organising Committee as required. In all cases, technical service providers are subject to final IAAF approval.

307.2.2 **Time and Distance Measurement, False Start Control**

For capturing the results of the competition:
- Fully Automatic Timing and Photo Finish System must be used. Transponder timing may be used additionally for intermediate timing and lap counting purposes.
- Scientific distance measuring equipment must be provided and shall be used as appropriate.
- In addition, starting blocks must be fitted with IAAF certified false start control apparatus (Start Information System) which must have an automatic recall system.

307.2.3 **Competition Data Processing**

A highly specialised results service company must be appointed for the competition data processing and disseminating the results, able to guarantee full compatibility with the timing and measurement services but also with the very specific technical requirements of Television, Media and Event Presentation including the provision of a Commentary Information System (CIS).

307.2.4 **Race Walking Events Posting Board**

It is mandatory that a Posting Board be provided by the OM/LOC displaying the red cards received by the athletes. The size, layout and position of the board shall be decided in agreement with the Technical Delegates and Chief Race Walking Judge.

307.2.5 **Video Officiating Reply System**

It is mandatory that a Video Officiating Reply System be provided to record all events according IAAF Rule 150. Such recordings shall be made in accordance with the IAAF Video Recording and Video Referee Guidelines and the System will be appointed by the IAAF.

307.2.6 **Event Presentation**

The IAAF Event Presentation Team, in collaboration with the LOC, is responsible for the planning and delivery of the Event Presentation elements, in accordance with the IAAF Event Presentation Guidelines. Expenses associated with ensuring a world class event presentation is the responsibility of the LOC. These elements include:
• A complete Event Presentation Team;
• At least one adequately sized video board in the stadium for the public showing of the television signal. The size of such board shall be agreed with the IAAF in advance;
• At least one electronic scoreboard to display results;
• A suitable sound system for public address and Event Presentation purposes.

307.3 Implementes

307.3.1 Official Implements List
The TDs, in conjunction with the LOC and based on the implements most commonly used, shall determine a list of Official Implements which the LOC shall provide to the athletes. In principle, a minimum of four items shall be required for each implement, to cover the needs of the competition, warm-up and training venues.

307.3.2 Additional Implements
Further implements may be added to the approved list if requested by Members or by Manufacturers with the endorsement of a Member Federation (by a deadline set by the Technical Delegates) and if supplied to the LOC free of charge (by a deadline set by the Technical Delegates). However, all such implements must have IAAF certification and be approved by the Technical Delegates. Four items of each additional implement shall be required.

307.3.3 Personal Implements
Personal implements may be allowed, providing they are readily identifiable, they have IAAF certification, they are not on the official list and have been checked for compliance with the Rules in accordance with the Technical Delegates’ instructions. These implements must be available for use by the other participants, until the end of the event.

307.3.4 Usage statistics
The LOC must keep an accurate record of the implements (official or personal) used during the competition and produce usage statistics to be used for the purpose of compiling suitable official implements lists for future competitions.

307.4 Equipment

307.4.1 Competition Equipment
All competition equipment must conform to the current IAAF Rules.

307.4.2 Equipment for Warm-up and Training Areas
The LOC must provide adequate and sufficient equipment for all warm-up and training venues.

307.5 Team Manual
The IAAF, in close cooperation with the LOC, is responsible for the production of a Team Manual. The Team Manual must be posted on the LOC website (and be available for download) no less than two months before the competition and teams must be informed. A printed version may be available for distribution on site, upon teams’ arrival.

307.6 Training in the Competition Stadium
Athletes shall be given an opportunity to inspect and, if possible, train in the main competition stadium on at least one occasion prior to the start of the championships. Such training to be no more than two hours in duration and should normally be arranged one or two days before the competition at a time when most of the athletes are on site and which would not conflict with other activities in the stadium or the general organisation of the event.

307.7 Technical Meeting
A Technical Meeting will not normally be organised. However the Technical Delegate will be available for questions or issues raised by the Teams at the time of the Orientation Tour.

307.8 Bib and Hip Numbers
The athletes’ bibs (including those for the medal ceremonies), as well as the hip numbers, will be provided by IAAF.

307.9 Special Technical Rules for the IAAF World U20 Championships
307.9.1 Height of Hurdles
The height of the hurdles shall be according to IAAF Rule 168.3.

307.9.2 Specification of Implements
The specifications of the implements shall be according to IAAF Rules 187, 188, 189, 191 and 193.

307.9.3 Combined Events
The events to be contested are specified in IAAF Rule 200 with the exception of the last event of both the Decathlon and Heptathlon competition which will be conducted using handicap starts based on time difference that correspond to the number of points they are behind the leading athlete. The IAAF Combined Events Scoring Tables will be used to score these events, notwithstanding the lower weights of the implements or height of the hurdles.

307.9.4 Seedings, Draws and Qualification in Track Events
To accommodate the large number of entries in some events, alternate tables to those posted on the IAAF website may be used by the Technical Delegates for seeding, draws and qualifications in Track Events. See Alternate Tables in Appendix B.

307.9.5 Penalty Zone
In the 10,000m Race Walks, the Penalty Zone rule will be used.
PROTOCOL MATTERS

308.1 Opening Ceremony
If the OM/LOC wishes to stage an Opening Ceremony, it must obtain the IAAF’s approval of the principle and of the script of any such Ceremony.

308.2 Medal Ceremonies
308.2.1 Gold, Silver and Bronze medals shall be presented to the first three placed athletes in each individual event and the first three placed relay teams who shall mount the awards podium.

For relay teams, the four athletes of each team who competed in the Final shall mount the awards podium. Other athletes who competed for any of these teams in the competition will subsequently receive their medals. It is the LOC’s duty to ensure that each team is given the correct number of medals.

In all cases, the medals will be presented in ascending order: third, second, first.

308.2.2 The medals shall be presented by one person appointed by the IAAF.

308.2.3 The awards podium should, whenever possible, be located outside the infield, in a location to be agreed by the IAAF. The medal ceremony shall begin once all athletes and the presenting person are in position behind the awards podium. The Medal Ceremony shall consist of each athlete or team being presented their medals, followed by the national anthem of the first placed athlete or team together with the raising of the flags of the respective countries.

308.2.4 The LOC is responsible for the design (which must be approved by the IAAF Council), production and costs of the medals (108 sets of Gold, Silver and Bronze) as follows (according to the present competition programme):
- 20 for men’s individual events;
- 20 for women’s individual events;
- 40 for the five relay races (eight per set, male and female);
- 10 for the IAAF’s archive;
- 6 for any eventual doping cases;
- 6 for any eventual ties.
- 6 for spares

308.3 Closing Ceremony
There could be a simple ceremony to hand over the flag to the following organisers. However, if the LOC wishes to stage a more elaborate Closing Ceremony, the IAAF’s approval must be sought and the script of any such Ceremony approved.
INTERNATIONAL ASSOCIATION OF ATHLETICS FEDERATIONS

TECHNICAL REGULATIONS

FOR

IAAF WORLD CROSS COUNTRY CHAMPIONSHIPS

(UPDATED 1ST MAY 2019)
401 GENERAL

401.1 The IAAF shall organise the IAAF World Cross Country Championships every two years, in odd years, as a team and individual competition.

401.2 The full event title shall be IAAF World Cross Country Championships followed by the venue and year of the competition. A shorter version of the event title can be considered subject to IAAF approval.
EVENTS PROGRAMME

402.1 The IAAF World Cross Country Championships shall be held on one day.

402.2 The programme shall comprise the following 5 events, held over the following approximate distances:

<table>
<thead>
<tr>
<th>Event</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior Men</td>
<td>10 km</td>
</tr>
<tr>
<td>U20 Men</td>
<td>8 km</td>
</tr>
<tr>
<td>Senior Women</td>
<td>10 km</td>
</tr>
<tr>
<td>U20 Women</td>
<td>6 km</td>
</tr>
<tr>
<td>Universal (Mixed) Relay (2 Men and 2 Women)</td>
<td>4 loops (8km approx.)</td>
</tr>
</tbody>
</table>

402.3 Scoring

In all races (except the mixed relay) four finishers shall score.

Each race shall be scored separately. The team results shall be decided by the aggregate of places recorded by the scoring athletes of each team. The team with the lowest aggregate of points will be judged the winner. If a team fails to finish with a complete scoring team, the runners finishing shall be counted as individuals in the race result and be eligible for the individual awards.

In assessing the aggregate, no adjustment to the scoring of the finishing teams shall be made in respect of any non-scoring team runners or of individual entries.

In the event of a tie, it shall be resolved in favour of the team whose last scoring member finishes nearer to first place.

Scoring for the Mixed Relay shall be by finishing order of the team.
PARTICIPATION

403.1 Invitation to Participate

All IAAF Member Federations, hereafter called "Members", shall be invited by the IAAF to participate in the IAAF World Cross Country Championships. This invitation, in the official languages of the IAAF, shall be sent at least six months before the Competition. The Organising Member, hereafter called "OM", shall, at the same time, also send a letter of invitation to all Members to participate.

403.2 Age Categories

403.2.1 U20 Athletes

Any athlete aged 18 or 19 years on 31 December of the year of the competition (e.g. for the 2019 Championships, born in 2000 or 2001) may compete in the Senior race or the U20 race.

403.2.2 U18 Athletes

Any athlete aged 16 or 17 years on 31 December of the year of the competition (e.g. for the 2019 Championships, born in 2002 or 2003) may compete in the U20 race.

403.2.3 Athletes Younger than 16

No athlete younger than 16 years of age on 31 December in the year of the competition (e.g. for the 2019 Championships, born in 2004 or later) may be entered.

On arrival, Team Leaders must present U20 athletes’ passports, or other official documents indicating the year of birth, in order for them to be registered by IAAF.

403.3 Entry Standards

There are no Entry Standards for this Competition.

403.4 Entry Regulations

403.4.1 In all races (except the relay) a Member may enter a maximum of eight athletes; no more than six shall be allowed to start in the race with four to score. In the relay, a Member may enter a maximum of four men and four women; of which two men and two women shall compete.

403.4.2 Individual entries are admitted in any race (except in the relay) and the finishing athletes shall be eligible for the corresponding individual awards.

403.5 Preliminary Entries

IAAF shall only accept Preliminary Entries received from the Member Federation. Preliminary Entries must be submitted using the IAAF On-line Event Entry System: http://evententry.iaaf.org. The submission of Preliminary Entries will normally be possible from one month prior to the preliminary entry deadline which is two months before the first day of the IAAF World Cross Country Championships. The entries shall indicate the number of competitors and officials as well as the
anticipated travel dates and accommodation requirements and the travel quote for approval (see 404.2.1).

403.6 Final Entries
IAAF shall only accept Final Entries received from the Member Federation. Final Entries must be submitted using the IAAF On-line Event Entry System: http://evententry.iaaf.org. The submission of Final Entries on-line for the competition will be possible from one month prior to the final entry deadline which is not later than two Mondays before the first day of competition (e.g. Monday, 18 March for a competition starting on Sunday, 30 March).

403.7 Final Confirmation of Entries
Unless otherwise specified in the Team Manual, Final Confirmation of Entries must be made upon the team’s arrival, at the Accreditation Centre, and in any case no later than the start of the Technical Meeting.

403.8 Team Uniform
All athletes of the team shall wear the same colour competition uniform during the competition and in all ceremonies. The uniform must conform to IAAF Rules and Regulations. All Members must send in advance their uniform to kitapprovals@iaaf.org and bring their team uniform to the accreditation centre for inspection, during the accreditation procedures.

403.9 Team Officials
The number of officials who may be entered and/or accommodated with the Team is limited and will be in accordance with the total number of athletes entered. See Appendix A.
404 FINANCIAL CONDITIONS

404.1 Quota
The quota corresponds to the number of athletes for whom the LOC will provide financial support. The Quota, which is separate for Men and Women, is largely based on the evaluation of the Members’ performance in the previous three editions of the IAAF World Cross Country Championships. Each Member is entitled to a basic quota of one man and one woman. Quota athletes will receive financial support as below. The maximum number of quota places per race is four (number of scoring athletes) regardless of the number of athletes entered (applies also in case of additional quota places for Area Champions – see below).

Quotas for Relays are as follows:
In the Mixed Relay, each Member has a basic quota of one man and one woman.

The host country has no quota.

404.2 Financial support
All athletes in the quota, representing Members which are in Good Standing with the IAAF, will benefit from return economy class travel and full-board accommodation.

404.2.1 Travel
For quota athletes the IAAF will, in principle, make all the travel arrangements for the athletes, unless a specific written request is sent to the IAAF Office (by a set deadline) which includes a quote for approval. The IAAF will then confirm or reject the request. After the deadline, the IAAF reserves the right to refuse such requests.

404.2.2 Accommodation
All athletes in the Quota will benefit from full-board accommodation in twin rooms, paid for by the LOC, for a maximum of three nights during the subsidised period of the IAAF World Cross Country Championships (a supplement will be charged for single room occupancy).

The number of officials accommodated at subsidised rates is limited (see Appendix A). Depending on availability, the additional officials allowed may be offered accommodation at regular rates.

The accommodation invoice will be based on the entry details [number of people, arrival and departure dates] submitted by the Final Entries deadline, with a tolerance of two.

404.2.3 Area Champions
For Area Champions of the same season participating in the IAAF World Cross Country Championships, 100% travel/accommodation grants shall be administered as follows:

Individual Competitions – the Area Champion of each individual event of the corresponding Area Championships shall benefit from the 100% travel/accommodation grants regardless of the number of participants in
the event in which the athlete competed and regardless of whether the U20 Champion then competes in the Senior Race.

**Team Competitions** – the Area Champions (up to a maximum of four athletes in each race) of each team event of the corresponding Area Championships shall always benefit from a 50% travel grant and 100% accommodation grant. The travel grant will be increased to 100% if:

- The following minimum number of teams competed (with four athletes to score) in the corresponding event at the Area Championships:
  - Africa 11 teams
  - Asia 9 teams
  - Europe 10 teams
  - NACAC 6 teams
  - OCEANIA 4 teams
  - South America 3 teams

- OR if the team in question finishes in the first half of the IAAF World Cross Country Championships.

If the Champions are not entered, the benefit will not be extended to second place.

The concerned Area Associations must send the results of these competitions to the IAAF in order for the financial benefit to be implemented.

404.3 **Competition Awards**

Competition Awards will be paid subject to the procedure established by the IAAF Council.

404.4 **Penalties**

Members must respect the deadlines and provide accurate information in their entries in order to avoid causing financial damage to the LOC. Failure to do so may result in the application of financial penalties as detailed below. The penalties will be debited to the account of the Member with the IAAF.

404.4.1 **Respect of Deadlines**

A penalty of $1,000 USD may be imposed on any Federation which does not respect the Preliminary and/or Final Entry deadlines.

404.4.2 **Realistic Entries**

A penalty of $1,000 USD per athlete, after the first two, may be imposed on Members which:

- after having announced through the Preliminary Entries their participation in an IAAF competition do not take part;
- after having entered in the Preliminary Entries more than two athletes, attend the competition with a number of athletes 25% or more higher or lower than the entered number.
AUTHORITY AND DUTIES OF THE IAAF COUNCIL

The Council shall:

405.1 approve the Technical Regulations of the IAAF World Cross Country Championships in cooperation with the IAAF Cross Country Committee;

405.2 seek the advice of the IAAF Cross Country Committee on technical matters relating to the IAAF World Cross Country Championships;

405.3 decide the venue and date of the IAAF World Cross Country Championships at the most appropriate Council Meeting to be held after the closing date for applications (normally three years before the year of the Competition);

405.4 approve the Timetable of Events, as proposed by the Technical Delegate for the Event, at least one year before the Competition.

405.5 approve the formula for the Quota and its benefit with regard to travel and accommodation;

405.6 appoint the relevant International Delegates and Officials (see 406.2)
406  DELEGATES AND OFFICIALS

406.1  General

406.1.1  The LOC shall receive IAAF Delegates and Officials as shown below. Travel and accommodation expenses (hereafter called “expenses”) will be in accordance with IAAF procedures, i.e. LOC shall pay the travel costs for all Delegates in economy class and IAAF will pay the additional costs for business class (for all journeys longer than 2,500 kilometres). Full board accommodation costs are the financial responsibility of the LOC.

406.1.2  Whenever possible, on at least two occasions the preparatory visits on behalf of Delegates shall be conducted simultaneously.

406.1.3  No IAAF appointed Delegate may be a member of his country’s delegation.

406.1.4  All Delegates and Officials shall act in conformity with current IAAF Rules, Regulations and Guidelines and shall have the ultimate authority in their respective fields of responsibility.

406.1.5  The LOC shall supply the Organisational Delegate, Technical Delegate, Press Delegate and the Medical/Anti-Doping Delegate with a mobile phone each, complete with a local chip and shall pay for all local calls.

406.2  International Delegates and Officials appointed by the IAAF Council

406.2.1  One Technical Delegate

He is appointed two years before the competition from the panel of IAAF Delegates.

In particular, the Technical Delegate shall
- submit to the Council proposals for the Timetable which shall have been drawn up together with the LOC and been given to the relevant television authorities for comment;
- approve the course and advise the LOC on the race procedures;
- approve the accommodation for the athletes and officials;
- chair the Technical Meeting (if any).

The agreement of the Technical Delegate must be sought in advance on all matters relating to the technical conduct of the Competition.

The LOC shall bear the expenses of the Technical Delegate for a period of not more than four days before the Competition until one day after the Competition and for preliminary visits whenever agreed necessary for the successful staging of the Competition.

406.2.2  Three Members of the Jury of Appeal

They are appointed one year before the competition. One of them must be a member of the IAAF Cross Country Committee.

The LOC shall bear the expenses of the Members of the Jury of Appeal for a period of not more than two days before the Competition until one day after the Competition.
406.2.3 **One Medical/Anti-Doping Delegate**

He is appointed two years before the competition.

The LOC shall bear the expenses of the Medical/Anti-Doping Delegate for a period of not more than three days before the Competition until one day after the competition and for one preliminary visit if it is deemed necessary.

406.2.4 **One Press Delegate**

He is appointed two years before the competition.

The LOC shall bear the expenses of the Press Delegate for a period of not more than three days before the Competition until one day after the Competition, and for one preliminary visit.

406.3 **National Competition Officials appointed by the OM**

The OM is responsible for the appointment of all National Referees, Judges and other Technical Officials, whose competence must be guaranteed. The Referees must be approved by the IAAF Technical Delegate.
407 TECHNICAL MATTERS AND REQUIREMENTS

407.1 Facilities

407.1.1 The Course
The course shall comply with the requirements of IAAF Rule 250 and must include some natural and artificial obstacles in order to build a challenging, innovative and exciting race course.

407.1.2 Warm-up Area
It is mandatory that there be a warm-up Area close to the Call Room and to the start.

407.1.3 Training Areas
Adequate training opportunities must be offered to the athletes at appropriate times. The TD shall inspect and decide upon the most suitable solutions during the Site Visit(s).

407.1.4 Functional Areas at the Course
A number of technical and functional areas must be provided at the course by the LOC.
A basic list is as follows:
- Athletes’ changing room ideally divided into boxes – one for each team;
- Call Room;
- A start area
- A Mixed Zone for Media interviews
- A Post Event Area where athletes are able to recover and collect their clothing
- A gathering area for the Medal Ceremonies
- A Doping Control station, the location and layout of which needs to be agreed with the Medical/Anti-Doping Delegate;
- A Technical Information Centre (TIC);
- Competition Information Desks (CIDs) located at the athletes’ accommodation venue(s).

The TD shall inspect and decide upon the most suitable solutions during the Site Visit(s).

407.2 Technical Services

407.2.1 Timing
Transponders will be used, inserted in the athletes’ bibs, for the official timing (intermediate and finish). Manual back-up timing must be provided and shall be agreed with the Technical Delegate.

407.2.2 Video Recording
It is mandatory that a back-up video recording system be installed on the finish line, to a level approved by the IAAF, to assist in determining the finishing order. It must be made available to the Jury of Appeal in case of a protest.
407.2.3 **Video Board**

It is mandatory that the LOC obtain and pay for a video board measuring at least 48m², placed in view of the Media/VIP stand, for the public showing of the television signal.

407.2.4 **Public Address System**

A suitable sound system for public address and event presentation purposes must be available at the course.

407.3 **Team Manual**

The IAAF, in close cooperation with the LOC, is responsible for the production of a Team Manual. The Team Manual must be posted on the LOC website (and be available for download) no less than two months before the competition and teams must be informed. A printed version may be available for distribution on site, upon teams’ arrival.

407.4 **Technical Meeting**

A Technical Meeting will not normally be organised. However the Technical Delegate will be available for questions or issues raised by the Teams at the time of the Orientation Tour.

407.5 **Bibs**

The athletes’ bibs (including those for the medal ceremonies), will be provided by IAAF.
408  PROTOCOL MATTERS

408.1 Opening Ceremony
If the OM/LOC wishes to stage an Opening Ceremony, it must obtain the IAAF’s approval of the principle and the script of any such ceremony. In any case, if there is a parade of participating Federations, the athletes shall not take part but be represented by volunteers.

408.2 Medal Ceremonies

408.2.1 Gold, Silver and Bronze medals shall be presented to the first three placed athletes in each individual event and the first three placed teams who shall mount the awards podium.

For the team awards, the first three teams shall mount the awards podium. Participants who did not finish the race or were disqualified shall not mount the awards podium and shall not receive a medal.

In all cases, the medals will be presented in ascending order: third, second, first.

408.2.2 The medals shall normally be presented by one person appointed by the IAAF.

408.2.3 The medal ceremony shall begin once all athletes and the presenting person are in position behind the awards podium. The medal ceremony shall consist of each athlete or team being presented their medals, followed by the national anthem of the first placed athlete or team together with the raising of the flags of the respective countries.

408.2.4 IAAF will provide and pay for the medals.

408.3 Closing Ceremony
There should be a simple ceremony to hand over the flag to the following organisers. However, if the LOC wishes to stage a more elaborate Closing Ceremony, the IAAF’s approval must be sought and the script of any such Ceremony approved. The Ceremony could take place at the Final Banquet if the venue is suitable.
INTERNATIONAL ASSOCIATION OF ATHLETICS FEDERATIONS

TECHNICAL REGULATIONS

FOR

IAAF WORLD RACE WALKING TEAM CHAMPIONSHIPS

(UPDATED 1ST MAY 2019)
501 GENERAL

501.1 The IAAF shall organise the IAAF World Race Walking Team Championships every two years, in even years, as a team and individual competition.

501.2 The full event title shall be IAAF World Race Walking Team Championships followed by the venue and year of the competition. A shorter version of the event title can be considered subject to IAAF approval.
502 EVENTS PROGRAMME

502.1 The IAAF World Race Walking Team Championships shall be held over two consecutive days.

502.2 The programme shall comprise the following 6 events:

- Men’s 10km U20 Race Walk
- Men’s 20km Race Walk
- Men’s 50km Race Walk

- Women’s 10km U20 Race Walk
- Women’s 20km Race Walk
- Women’s 50km Race Walk

502.3 Scoring

In the senior races the first three finishers shall score for the team while in the U20 races, the first two finishers shall score.

Each race shall be scored separately. The team results shall be decided by the aggregate of places recorded by the scoring athletes of each team. The team with the lowest aggregate of points will be judged the winner. If a team fails to finish with a complete scoring team, the runners finishing shall be counted as individuals in the race result and be eligible for the individual awards.

No adjustment to the scoring places of the finishing teams shall be made in respect of any non-scoring team athletes or of individual entries.

In the event of a tie, it shall be resolved in favour of the team whose last scoring member finishes nearer to first place.
PARTICIPATION

503.1 Invitation to Participate
All IAAF Members, hereafter called “Members”, shall be invited by the IAAF General Secretary to participate in the IAAF World Race Walking Team Championships. This invitation, in the official languages of the IAAF, shall be sent at least six months before the Competition. The Organising Member, hereafter called “OM”, shall, at the same time, also send a letter of invitation to all Members to participate.

503.2 Age Categories

503.2.1 U20 Athletes
Any athlete aged 18 or 19 years on 31 December in the year of the competition (e.g. for the 2020 Team Championships, born in 2001 or 2002) may compete in the Senior 20km race or the U20 race [NOT in the Senior 50km race].

503.2.2 U18 Athletes
Any athlete aged 16 or 17 years on 31 December in the year of the competition (e.g. for the 2020 Team Championships, born in 2003 or 2004) may compete in the U20 race ONLY.

503.2.3 Athletes Younger than 16
No athlete younger than 16 years of age on 31 December in the year of the competition (e.g. for the 2020 Team Championships, born in 2005 or later) may be entered.

On arrival, Team Leaders must present U20 athletes’ passports, or other official documents indicating the year of birth, in order for them to be registered by IAAF.

503.3 Entry Standards
There are no Entry Standards for this Competition

503.4 Entry Regulations

503.4.1 Senior Races
A Member may enter a maximum of seven walkers; no more than five shall be allowed to start in the race with three to score. A Member may enter a team in both the Senior Races (20km or 50km) but no athlete may compete in both.

503.4.2 U20 Races
A Member may enter a maximum of five walkers; no more than three shall be allowed to start in the race with two to score.

503.4.3 Individual Entries
Individual entries are admitted in any of the races and the finishing athletes shall be eligible for the corresponding individual awards.

503.5 **Preliminary Entries**

IAAF shall only accept Preliminary Entries received from the Member Federation. Preliminary Entries must be submitted using the IAAF On-line Event Entry System: [http://evententry.iaaf.org](http://evententry.iaaf.org). The submission of Preliminary Entries will normally be possible from one month prior to the preliminary entry deadline which is two months before the first day of the Championships. The entries shall indicate the number of competitors and officials as well as the anticipated travel dates and accommodation requirements and the travel quote for approval (see 504.2.1).

503.6 **Final Entries**

IAAF shall only accept Final Entries received from the Member Federation. Final Entries must be submitted using the IAAF On-line Event Entry System: [http://evententry.iaaf.org](http://evententry.iaaf.org). The submission of Final Entries on-line for the competition will be possible from one month prior to the final entry deadline which is not later than three Mondays before the first day of competition (e.g. Monday, 13 April for a competition starting on Saturday, 2 May).

503.7. **Final Confirmation of Entries**

Unless otherwise specified in the Team Manual, Final Confirmation of Entries must be made upon the team’s arrival, at the Accreditation Centre.

503.8. **Team Uniform**

All athletes of the team shall wear the same colour competition uniform during the competition and in all ceremonies. The uniform must conform to IAAF Rules and Regulations. All Members must send in advance their uniform to kitapprovals@iaaf.org and bring their team uniform to the accreditation centre for inspection, during the accreditation procedures.

503.9. **Team Officials**

The number of officials who may be entered and/or accommodated with the Team is limited and will be in accordance with the total number of athletes entered. See Appendix A.
504 FINANCIAL CONDITIONS

504.1 Quota

The quota corresponds to the number of athletes for whom the IAAF and/or the LOC will provide financial support. The quota, which is separate for Men and Women, is largely based on the number of athletes per country ranked in the IAAF World Race Walking Lists as at 30 September of the previous year. Each Member is entitled to a basic quota of one man and one woman in each race. Quota athletes will receive financial support as below.

The host country has no quota.

504.2 Financial Support

All athletes in the quota, representing Members which are in Good Standing with the IAAF, will benefit from full-board accommodation and contribution towards their travel expenses.

504.2.1 Travel

The IAAF will pay a contribution towards the quota athletes’ travel expenses amounting to 50% of the agreed price. Members must submit to the IAAF, at the time of the Preliminary Entries, the best quote they are able to obtain for return economy travel, from their headquarters to the venue of the competition. No reimbursement will be agreed until the IAAF has approved the quote.

504.2.2 Accommodation

All athletes in the Quota will benefit from full-board accommodation in twin rooms, paid for by the LOC, for a maximum of four nights during the subsidised period of the IAAF World Race Walking Team Championships (a supplement will be charged for single room occupancy).

The number of officials accommodated at subsidised rates is limited [see Appendix B]. Depending on availability, the additional officials allowed may be offered accommodation at regular rates.

The accommodation invoice will be based on the entry details [number of people, arrival and departure dates] submitted by the Final Entries deadline, with a tolerance of two.

504.2.3 Continental Champions

For Area Champions of the same year participating in the IAAF World Race Walking Team Championships, 100% travel/accommodation grants shall be administered as follows:

Individual Competitions – the Area Champion of each individual event of the corresponding Area Championships shall benefit from the 100 % travel/accommodation grants regardless of the number of participants in the event in which the athlete competed.

Team Competitions – the Area Champions (up to a maximum of three athletes in the Senior races and two in the Junior races) of each team event of the corresponding Area Championships shall always benefit from
a 50% travel grant and 100% accommodation grant. The travel grant will be increased to 100% if:

- The following minimum number of teams competed (with three athletes to score) in the corresponding event at the Area Championships:
  - Africa: 5 teams
  - Asia: 5 teams
  - Europe: 5 teams
  - NACAC: 4 teams
  - OCEANIA: 3 teams
  - South America: 3 teams
- OR if the team in question finishes in the first half of the IAAF World Race Walking Team Championships.

If the Champions are not entered, the benefit will not be extended to second place.

The concerned Area Associations must send the results of these competitions to the IAAF in order for the financial benefit to be implemented.

504.3. **Competition Awards**

Competition Awards will be paid subject to the procedure established by the IAAF Council.

504.4. **Penalties**

Members must respect the deadlines and provide accurate information in their entries in order to avoid causing financial damage to the LOC. Failure to do so may result in the application of financial penalties as detailed below. The penalties will be debited to the account of the Member with the IAAF.

504.4.1. **Respect of Deadlines**

A penalty of $1,000 USD may be imposed on any Federation which does not respect the Preliminary and/or Final Entry deadlines.

504.4.2. **Realistic Entries**

A penalty of $1,000 USD per athlete, after the first two, may be imposed on Members which:
- after having announced through the Preliminary Entries their participation in an IAAF competition do not take part;
- after having entered in the Preliminary Entries more than two athletes, attend the competition with a number of athletes 25% or more higher or lower than the entered number.
505  **AUTHORITY AND DUTIES OF THE IAAF COUNCIL**

The Council shall:

505.1 approve the **Technical Regulations** of the IAAF World Race Walking Team Championships in cooperation with the IAAF Race Walking Committee;

505.2 seek the advice of the IAAF Race Walking Committee on **technical matters** relating to the IAAF World Race Walking Team Championships;

505.3 decide the **venue and date** of the IAAF World Race Walking Team Championships at the most appropriate Council Meeting to be held after the closing date for applications (normally three years before the year of the Competition);

505.4 approve the **Timetable of Events**, as proposed by the Technical Delegate for the Event, at least one year before the Competition.

505.5 approve the formula for the **Quota** and its benefit with regard to travel and accommodation;

505.6 appoint the relevant **International Delegates and Officials** [see 506.2]
DELEGATES AND OFFICIALS

506.1 General

506.1.1 The LOC shall receive IAAF Delegates and Officials as shown below. Travel expenses shall be paid by the IAAF while full board accommodation costs are the financial responsibility of the LOC.

506.1.2 Whenever possible, on at least two occasions the preparatory visits on behalf of Delegates shall be conducted simultaneously.

506.1.3 No IAAF appointed Delegate may be a member of his country’s delegation.

506.1.4 All Delegates and Officials shall act in conformity with current IAAF Rules, Regulations and Guidelines and shall have the ultimate authority in their respective fields of responsibility.

506.1.5 The LOC shall supply the Organisational Delegate, Technical Delegate, Press Delegate, Medical / Anti-Doping Delegate and Chief Race Walking Judge with a mobile phone each, complete with a local chip and will pay for all calls.

506.2 International Delegates and Officials appointed by the IAAF Council

506.2.1 One Technical Delegate

He is appointed two years before the competition.

In particular the Technical Delegate shall
- submit to the Council proposals for the Timetable which shall have been drawn up together with the LOC and been given to the relevant television authorities for comment;
- approve the course and advise the LOC on the race procedures;
- approve the accommodation for the athletes and officials;
- be consulted, in conjunction with the Chief Race Walking Judge, with regard to the appointment of the Chief Judge’s Assistants and Recorders;
- chair the Technical Meeting (if any)

The agreement of the Technical Delegate must be sought in advance on all matters relating to the technical conduct of the Competition.

The LOC shall bear the accommodation costs of the Technical Delegate for a period of not more than four days before the Competition until one day after the Competition and for preliminary visits whenever deemed necessary for the successful staging of the Competition.

506.2.2 Three Members of the Jury of Appeal

They are appointed one year before the competition. One of them must be a member of the IAAF Race Walking Committee.

The LOC shall bear the accommodation costs of the Members of the Jury of Appeal for a period of not more than two days before the Competition until one day after the Competition.
506.2.3 **One Medical / Anti-Doping Delegate**

He is appointed two years before the competition.

The LOC shall bear the accommodation costs of the Medical / Anti-Doping Delegate for a period of not more than three days before the Competition until one day after the competition and for one preliminary visit if it is deemed necessary.

506.2.4 **One Press Delegate**

He is appointed two years before the competition.

The LOC shall bear the accommodation costs of the Press Delegate for a period of not more than three days before the Competition until one day after the Competition, and for one preliminary visit.

506.2.5 **One Chief and Eight Other International Race Walking Judges (IRWJs)**

All Judges shall be appointed one year before the Competition and shall all be selected from the IAAF IRWJ Panel.

Up to four additional IRWJs may be appointed (on the recommendation of the Technical Delegate), depending on the distance of the walking course from the finish (if the finish is in a stadium).

The LOC shall bear the accommodation costs of the IRWJs for a period of not more than two days before the competition until one day after the competition.

506.2.6 **Two Assistants to the Race Walking Chief Judge and Two Recorders**

If it is deemed by the IAAF that there is not sufficiently qualified personnel in the Host Country to fulfil these roles, the IAAF shall appoint one or two Assistants to the Race Walking Chief Judge and one or two Recorders. Otherwise such personnel may be appointed by the LOC upon approval of the IAAF.

They are appointed one year before the Competition.

The LOC shall bear the accommodation costs of the Recorder(s) and Chief Judge’s Assistant(s) for a period of not more than two days before the competition until one day after the competition.

506.2.7 **One International IAAF / AIMS Grade “A” Course Measurer**

The Course Measurer shall be appointed from the relevant Panel, one year before the competition.

The LOC shall bear the accommodation costs of the Road Race Course Measurer for a period of not more than three days before the Competition until one day after the Competition and for one preliminary visit to measure the course or, if the course has been previously measured and certified, confirm the route and to attend the laying down of the coloured line denoting the measurement line.

506.3 **National Competition Officials appointed by the OM**
The OM is responsible for the appointment of all National Referees, Judges and other Technical Officials, whose competence must be guaranteed. The Referees must be approved by the IAAF Technical Delegate.
507 TECHNICAL MATTERS AND REQUIREMENTS

507.1 Facilities

507.1.1 The Course

The course shall comply with the requirements of IAAF Rule 230.10 and shall be designed in accordance with the recommendations contained in the IAAF publication “Race Walking – A Guide to Judging and Organising”. It shall also be measured by the IAAF/AIMS Grade “A” International Road Race Course Measurer appointed by the IAAF in accordance with the relevant guidelines.

The loop shall be no shorter than 1km and no longer than 2km.

507.1.2 Warm-up Area

It is mandatory that there be a Warm-up Area close to the Call Room and to the Start.

507.1.3 Training Areas

Adequate training opportunities must be offered to the athletes at appropriate times. The TD shall inspect and decide upon the most suitable solutions during the Site Visit[s].

507.1.4 Technical Facilities at the Course

A number of technical and functional facilities need to be provided at the course by the LOC.

A basic list is as follows:
- Athletes’ changing room ideally divided into boxes – one for each team;
- Call Room;
- A Mixed Zone for Media interviews
- A Post Event Area where athletes are able to recover and collect their clothing
- A gathering area for the medal ceremonies
- A Doping Control station, the location and layout of which needs to be agreed with the Medical / Anti-Doping Delegate;
- A recorders’ booth situated close to the Warning Posting Board;
- A Technical Information Centre [TIC];
- Competition Information Desks [CIDs] located at the athletes’ accommodation venue[s].

The TD shall inspect and decide upon the most suitable solutions during the Site Visit[s].

507.2 Technical Services

507.2.1 Timing

Transponders will be used, inserted in the athletes’ bibs or in the athletes’ shoes, for the official timing [intermediate and finish]. Manual back-up timing must be provided and shall be agreed with the Technical Delegate.
507.2.2 **Video Recording**

It is mandatory that a back-up video recording system be installed on the finish line, to a level approved by the IAAF, to assist in determining the finishing order. It must be made available to the Jury of Appeal in case of a protest.

507.2.3 **Communication**

The use of an electronic communication system is obligatory. This should be composed of posting boards and hand-held devices with transmission capability for communicating the Red Cards to the Recorder.

507.2.4 **Video Board**

It is mandatory that the LOC obtain, and pay for, a video board measuring at least 48m², placed in view of the Media/VIP stand, for the public showing of the television signal.

507.2.5 **Public Address System**

A suitable sound system for public address and event presentation purposes must be available at the course.

507.3 **Team Manual**

The IAAF, in close cooperation with the LOC, is responsible for the production of a Team Manual. The Team Manual must be posted on the LOC website (and be available for download) no less than two months before the competition and Members informed. A printed version must be available for distribution on site, upon teams’ arrival.

507.4 **Technical Meeting**

A Technical Meeting will not normally be organised. However the Technical Delegate will be available for questions or issues raised by the Teams at the time of the Orientation Tour.

507.5 **Bibs**

The athletes’ bibs [including those for the medal ceremonies], will be provided by IAAF.

507.6 **Special Technical Rules for the World Race Walking Team Championships**

507.6.1 **Time Limits**

In order for athletes to be allowed to finish the race, they shall be required to start the last 2 km within a certain Time Limit from the start of the race. The Technical Delegate, in collaboration with the IAAF Office, shall be responsible for determining the applicable Time Limits at each edition of the Team Championships. Athletes who fail to start the last 2 km within these times will be stopped by competition officials and prevented from continuing the race. They
shall however be awarded their corresponding finishing position at that point so that their participation can still count towards the team score. Time Limits shall apply to Senior races only.

507.6.2 **Penalty Zone**
All the races will be conducted with the Penalty Zone rule.
PROTOCOL MATTERS

508.1 Opening Ceremony
If the OM/LOC wishes to stage an Opening Ceremony, it must obtain the IAAF’s approval of the principle and the script of any such ceremony. In any case, if there is a parade of participating Federations, the athletes shall not take part but be represented by volunteers.

508.2 Medal Ceremonies
508.2.1 Gold, Silver and Bronze medals shall be presented to the first three placed athletes in each individual event and the first three placed teams who shall mount the awards podium.
For the team awards, the first three teams shall mount the awards podium. Participants who did not finish the race or were disqualified shall not mount the awards podium and shall not receive a medal.
In all cases, the medals will be presented in ascending order: third, second, first.

508.2.2 The medals shall normally be presented by one person appointed by the IAAF.

508.2.3 The medal ceremony shall begin once all athletes and the presenting person are in position behind the awards podium. The medal ceremony shall consist of each athlete or team being presented their medals, followed by the national anthem of the first placed athlete or team together with the raising of the flags of the respective countries.

508.2.4 IAAF will provide and pay for the medals.

508.2.5 The IAAF shall provide a trophy to be presented to the winning teams of the three Senior Races. The trophy shall be recuperated before the following edition of the Competition.

508.3 Closing Ceremony
There should be a simple ceremony to hand over the flag to the following organisers. However, if the LOC wishes to stage a more elaborate Closing Ceremony, the IAAF’s approval must be sought and the script of any such Ceremony approved. The Ceremony could take place at the Final Banquet if the venue is suitable.
601 GENERAL

601.1 The IAAF shall organise the IAAF World Half Marathon Championships every two years, in even years, as a team and individual competition.

601.2 The full event title shall be IAAF World Half Marathon Championships followed by the venue and the year of the competition. A shorter version of the event title can be considered subject to IAAF approval.
602 EVENTS PROGRAMME

602.1 The IAAF World Half Marathon Championships shall be held on one day.

602.2 The programme shall comprise:
   Men’s Half Marathon Race
   Women’s Half Marathon Race

602.3 Scoring
   In both races the first three finishers shall score for the team.
   Each race shall be scored separately. The team results shall be decided by the aggregate of times recorded by the scoring athletes of each team. The team with the lowest aggregate of times will be judged the winner. If a team fails to finish with a complete scoring team, the runners finishing shall be counted as individuals in the race result and be eligible for the individual awards.
   In the event of a tie, it shall be resolved in favour of the team whose last scoring member finishes nearer to first place.

602.4 Mass Race
   A Mass Race should be included as part of the IAAF World Half Marathon Championships with IAAF approval.
   In addition, other races i.e. 5km, street mile, may be included with IAAF approval.
PARTICIPATION

603.1 Invitation to Participate

All IAAF Member Federations, hereafter called "Members", shall be invited by the IAAF to participate in the IAAF World Half Marathon Championships. This invitation, in the official languages of the IAAF, shall be sent at least six months before the Competition. The Organising Member, hereafter called "OM", shall, at the same time, also send a letter of invitation to all Members to participate.

603.2 Age Categories

Any athlete who is at least 18 years of age on 31 December of the year of the competition (e.g. for the 2020 Championships, born in 2002) may compete in the event.

603.3 Entry Standards

There are no Entry Standards for this Competition.

603.4 Entry Regulations

603.4.1 Members may enter one team in each race. A maximum of seven athletes may be entered; no more than five will be allowed to start, with three to score.

603.4.2 Individual entries are admitted in any of the two races and the finishing athletes shall be eligible for the corresponding individual awards.

603.5 Preliminary Entries

IAAF shall only accept Preliminary Entries received from the Member. Preliminary Entries must be submitted using the IAAF On-line Event Entry System: http://evententry.iaaf.org. The submission of Preliminary Entries will normally be possible from one month prior to the preliminary entry deadline which is two months before the first day of the IAAF World Half Marathon Championships. The entries shall indicate the number of competitors and officials as well as the anticipated travel dates and accommodation requirements and the travel quote for approval (see 604.2.1).

603.6 Final Entries

IAAF shall only accept Final Entries received from the Member Federation. Final Entries must be submitted using the IAAF On-line Event Entry System: http://evententry.iaaf.org. The submission of Final Entries on-line for the competition will be possible from one month prior to the final entry deadline which is not later than three Mondays before the first day of competition (e.g. Monday, 9 March for a competition starting on Sunday, 29 March).

603.7 Final Confirmation of Entries

Unless otherwise specified in the Team Manual, Final Confirmation of Entries must be made upon the team’s arrival, at the Accreditation Centre, and in any case no later than the start of the Technical Meeting (if any)
603.8 **Team Uniform**

All athletes of the team shall wear the same colour competition uniform during the competition and in all ceremonies. The uniform must conform to IAAF Rules and Regulations. All Members must send in advance their uniform to kitapprovals@iaaf.org and bring their team uniform to the accreditation centre for inspection, during the accreditation procedures.

603.9 **Team Officials**

The number of officials who may be entered and/or accommodated with the Team is limited and will be in accordance with the total number of athletes entered. See Appendix A.
FINANCIAL CONDITIONS

604.1 Quota
The quota corresponds to the number of athletes for whom the IAAF and/or the LOC will provide financial support. The quota, which is separate for Men and Women, is largely based on the number of athletes per country ranked in the IAAF World Running Ranking Lists as at 31 May of the previous year. Each Member is entitled to a basic quota of one man and one woman. Quota athletes will receive financial support as below.

The host country has no quota.

604.2 Financial Support
All athletes in the quota, representing Members which are in Good Standing with the IAAF, will benefit from full-board accommodation and contribution towards their travel expenses.

604.2.1 Travel
The IAAF will pay a contribution towards the quota athletes’ travel expenses amounting to 50% of the agreed price. Members must submit to the IAAF, at the time of the Preliminary Entries, the best quote they are able to obtain for return economy travel, from their headquarters to the venue of the competition. No reimbursement will be agreed until the IAAF has approved the quote.

604.2.2 Accommodation
All athletes in the quota will benefit from full-board accommodation in twin rooms, paid for by the LOC, for a maximum of three nights during the subsidised period of the IAAF World Half Marathon Championships [a supplement will be charged for single room occupancy].

The number of officials accommodated at subsidised rates is limited [see Appendix A]. Depending on availability, the additional officials allowed may be offered accommodation at regular rates.

The accommodation invoice will be based on the entry details [number of people, arrival and departure dates] submitted by the Final Entries deadline, with a tolerance of two.

604.2.3 Area Champions
For Area Champions of the same year participating in the IAAF World Half Marathon Championships, 100% travel/accommodation grants shall be administered as follows:

Individual Competitions – the Area Champion of each individual event of the corresponding Area Championships shall benefit from the 100% travel/accommodation grants regardless of the number of participants in the event in which the athlete competed.

Team Competitions – the Area Champions [up to a maximum of three athletes] of each team event of the corresponding Area Championships, where at least 5 countries have participated, shall benefit from the 100%
travel/accommodation grants. It is to be noted that the winning teams of events where less than 5 countries have participated, shall not benefit from 100% travel/accommodation grants, unless the team in question finishes in the first half of the IAAF World Half Marathon Championships.

If the Champions are not entered, the benefit will not be extended to second place.

The Continental Associations concerned must send the results of these competitions to the IAAF in order for the financial benefit to be implemented.

604.3 **Competition Awards**

Competition Awards will be paid subject to the procedure established by the IAAF Council.

604.4 **Penalties**

Members must respect the deadlines and provide accurate information in their entries in order to avoid causing financial damage to the LOC. Failure to do so may result in the application of financial penalties as detailed below. The penalties will be debited to the account of the Member with the IAAF.

604.4.1 **Respect of Deadlines**

A penalty of $1,000 USD may be imposed on any Federation which does not respect the Preliminary and/or Final Entry deadlines.

604.4.2 **Realistic Entries**

A penalty of $1,000 USD per athlete, after the first two, may be imposed on Members which:

- after having announced through the Preliminary Entries their participation in an IAAF competition do not take part;
- after having entered in the Preliminary Entries more than two athletes, attend the competition with a number of athletes 25% or more higher or lower than the entered number.
605  **AUTHORITY AND DUTIES OF THE IAAF COUNCIL**

The IAAF Council shall:

605.1 approve the *Technical Regulations* of the IAAF World Half Marathon Championships in cooperation with the IAAF Competition Commission;

605.2 seek the advice of the IAAF Competition Commission on technical matters relating to the IAAF World Half Marathon Championships;

605.3 decide the venue and date of the IAAF World Half Marathon Championships at the most appropriate Council Meeting to be held after the closing date for applications (normally three years before the year of the Competition);

605.4 approve the *Timetable of Events*, as proposed by the Technical Delegate for the Event, at least one year before the Competition.

605.5 approve the formula for the Quota and its benefit with regard to travel and accommodation;

605.6 appoint the relevant *International Delegates and Officials* [see 606.2]
606  DELEGATES AND OFFICIALS

606.1  General

606.1.1  The LOC shall receive IAAF Delegates and Officials as shown below. Travel expenses shall be paid by the IAAF while full board accommodation costs are the financial responsibility of the LOC.

606.1.2  Whenever possible, on at least one occasion, the preparatory visits on behalf of Delegates shall be conducted simultaneously.

606.1.3  No IAAF appointed Delegate may be a member of his country’s delegation.

606.1.4  All Delegates and Officials shall act in conformity with current IAAF Rules, Regulations and Guidelines and shall have the ultimate authority in their respective fields of responsibility.

606.1.5  The LOC shall supply the Technical Delegate, Press Delegate and Medical / Anti-Doping Delegate with a mobile phone each, complete with a local chip and shall pay for all calls.

606.2  International Delegates and Officials Appointed by the IAAF Council

606.2.1  One Technical Delegate

He is appointed two years before the competition from the panel of IAAF Delegates.

In particular the Technical Delegate shall
- submit to the Council proposals for the Timetable which shall have been drawn up together with the LOC and been given to the relevant television authorities for comment;
- approve the course and advise the LOC on the race procedures;
- approve the accommodation for the athletes and officials;
- chair the Technical Meeting (if any)

The agreement of the Technical Delegate must be sought in advance on all matters relating to the technical conduct of the Competition.

The LOC shall bear the accommodation costs of the Technical Delegate for a period of not more than four days before the Competition until one day after the Competition and for preliminary visits whenever deemed necessary for the successful staging of the Competition.

606.2.2  Three Members of the Jury of Appeal

They are appointed one year before the competition. One of them must be a member of the IAAF Competition Commission.

The LOC shall bear the accommodation costs of the Members of the Jury of Appeal for a period of not more than two days before the Competition until one day after the Competition.
606.2.3 **One Medical / Anti-Doping Delegate**

He is appointed two years before the competition.

The LOC shall bear the accommodation costs of the Medical / Anti-Doping Delegate for a period of not more than three days before the Competition until one day after the competition and for one preliminary visit if it is deemed necessary.

606.2.4 **One Press Delegate**

He is appointed two years before the competition.

The LOC shall bear the accommodation costs of the Press Delegate for a period of not more than three days before the Competition until one day after the Competition, and for one preliminary visit.

606.2.5 **One International IAAF / AIMS Grade “A” Course Measurer**

He is appointed one year before the competition and shall be selected from the relevant Panel.

The LOC shall bear the accommodation costs of the Road Race Course Measurer for a period of not more than three days before the Competition until one day after the Competition and for one preliminary visit to measure the course or, if the course has been previously measured and certified, confirm the route and to attend the laying down of the coloured line denoting the measurement line.

606.3 **National Competition Officials Appointed by the OM**

The OM is responsible for the appointment of all National Referees, Judges and other Technical Officials, whose competence must be guaranteed. The Referees must be approved by the IAAF Technical Delegate.
607 TECHNICAL MATTERS AND REQUIREMENTS

607.1 Facilities

607.1.1 The Course

The course shall comply with the requirements of IAAF Rule 240 and shall be designed in accordance with the recommendations contained in the IAAF publication “Distance Running Manual”. It shall be measured by the IAAF/AIMS approved Grade “A” International Road Race Measurer appointed by the IAAF who shall also attend the Championships in order to validate that the course used is as measured. A distinctive, coloured line denoting the course measured must be marked on the road (IAAF Rule 240.3).

The course must comply with the criteria for an IAAF Road World Record (Rule 260.28).

It is mandatory that low emission vehicles be used for the lead car as well as for the media vehicle.

607.1.2 Warm-up Area

It is mandatory that there be a warm-up Area close to the Call Room and to the start.

607.1.3 Training Areas

Adequate training opportunities must be offered to the athletes at appropriate times. The TD shall inspect and decide upon the most suitable solutions during the Site Visit[s].

607.1.4 Functional Areas

A number of technical and functional areas need to be provided at the course by the LOC.

A basic list is as follows:
- **Athletes’ changing room** ideally divided into boxes – one for each team;
- **Call Room**;
- **A Mixed Zone** for Media interviews
- **A Post Event Area** where athletes are able to recover and collect their clothing
- A gathering area for the **medal ceremonies**
- **A Doping Control station**, the location and layout of which needs to be agreed with the Medical/Anti-Doping Delegate;
- **A Technical Information Centre (TIC)**;
- **Competition Information Desks (CIDs)** located at the athletes’ accommodation venue(s).

The TD shall inspect and decide upon the most suitable solutions during the Site Visit[s].
607.2 Technical Services

607.2.1 Timing

Transponders will be used, inserted in the athletes’ bibs or in the athletes’ shoes, for the official timing (intermediate and finish). Manual back-up timing must be provided and shall be agreed with the Technical Delegate.

607.2.2 Video Recording

It is mandatory that a back-up video recording system be installed on the finish line, to a level approved by the IAAF, to assist in determining the finishing order. It must be made available to the Jury of Appeal in case of a protest.

607.2.3 Video Board

It is mandatory that the LOC obtain and pay for a video board measuring at least 48m², placed in view of the Media/VIP stand, for the public showing of the television signal.

607.2.4 Public Address System

A suitable sound system for public address and event presentation purposes must be available at the course.

607.3 Team Manual

The IAAF, in close cooperation with the LOC, is responsible for the production of a Team Manual. The Team Manual must be posted on the LOC website (and be available for download) no less than two months before the competition and Members informed. A printed version must be available for distribution on site, upon teams’ arrival.

607.4 Technical Meeting

A Technical Meeting will not normally be organised. However the Technical Delegate will be available for questions or issues raised by the Teams at the time of the Orientation Tour.

607.5 Bibs

The athletes’ bibs (including those for the medal ceremonies), will be provided by IAAF.

607.6 Athletes Behaviour

Any athletes’ behaviour which infringes the rights of the sponsors can lead to the application of financial penalties.
PROTOCOL MATTERS

608.1 Opening Ceremony

If the OM/LOC wishes to stage an Opening Ceremony, it must obtain the IAAF’s approval of the principle and the script of any such ceremony. In any case, if there is a parade of participating Federations, the athletes shall not take part but be represented by volunteers.

608.2 Medal Ceremonies

608.2.1 Gold, Silver and Bronze medals shall be presented to the first three placed athletes in each individual event and the first three placed teams who shall mount the awards podium.

For the team awards, the first three teams shall mount the awards podium. Participants who did not finish the race or were disqualified shall not mount the awards podium and shall not receive a medal.

In all cases, the medals will be presented in ascending order: third, second, first.

608.2.2 The medals shall normally be presented by one person appointed by the IAAF.

608.2.3 The medal ceremony shall begin once all athletes and the presenting person are in position behind the awards podium. The medal ceremony shall consist of each athlete or team being presented their medals, followed by the national anthem of the first placed athlete or team together with the raising of the flags of the respective countries.

608.2.4 IAAF will provide and pay for the medals.

608.3 Closing Ceremony

There should be a simple ceremony to hand over the flag to the following organisers. However, if the LOC wishes to stage a more elaborate Closing Ceremony, the IAAF’s approval must be sought and the script of any such Ceremony approved. The Ceremony could take place at the Final Banquet if the venue is suitable.
INTERNATIONAL ASSOCIATION OF ATHLETICS FEDERATIONS

TECHNICAL REGULATIONS

FOR

IAAF WORLD RELAYS

(UPDATED 1ST MAY 2019)
TECHNICAL REGULATIONS FOR
IAAF WORLD RELAYS

701   GENERAL

701.1  The IAAF shall organise the IAAF World Relays normally at the beginning of May, every odd year.

701.2  The full event title shall be IAAF World Relays followed by the venue and year of the competition. A shorter version of the event title can be considered subject to IAAF approval.
702 EVENTS PROGRAMME

702.1 The IAAF World Relays shall be held on two consecutive days.

702.2 The programme shall comprise nine Relay Events (3 Men, 3 Women and 3 Universal):

<table>
<thead>
<tr>
<th>Men</th>
<th>Women</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 x 100 metres</td>
<td>4 x 100 metres</td>
</tr>
<tr>
<td>4 x 200 metres</td>
<td>4 x 200 metres</td>
</tr>
<tr>
<td>4 x 400 metres</td>
<td>4 x 400 metres</td>
</tr>
</tbody>
</table>

Unified (Mixed)

| 4 x 400 metres          | 2 x 2 x 400 metres     |
| 2 x 400 metres          | Shuttle Hurdles        |
PARTICIPATION

703.1 Invitation to Participate

All IAAF Member Federations, hereafter called “Members”, shall be invited by the IAAF to participate in the IAAF World Relays. This invitation, in the official languages of the IAAF, shall be sent at least nine months before the IAAF World Relays.

The Organising Member, hereafter called “OM”, shall at the same time also send a letter of invitation to all Members to participate.

703.2 Age Categories

703.2.1 U20 Athletes

Any athlete aged 18 or 19 years on 31 December in the year of the competition (e.g. for the 2019 competition, born in 2000 or 2001) may compete in any event.

703.2.2 U18 Athletes

Any athlete aged 16 or 17 years on 31 December in the year of the competition (e.g. for the 2019 competition, born in 2002 or 2003) may compete in any event.

703.2.3 Athletes Younger than 16

No athlete younger than 16 years of age on 31 December in the year of the competition (e.g. for the 2019 competition, born in 2004 or later) may be entered.

703.3 Entry Standards

703.3.1 Entry Standards are established for the 4 x 100m and 4 x 400m Relays only and will target an ideal number of Teams to qualify. The remaining Teams (up to 24) will be determined through the IAAF World Lists in the same qualification period. There are no Entry Standards for the other Relay Events.

703.3.2 Performances will have to be achieved during the qualification period from 1 January in the year preceding the competition to the closing date for the Final Entries (703.6). Such Entry Standards must be achieved in accordance with criteria decided by IAAF.

703.4 Entry Rules

703.4.1 A maximum of one team from any one Member can compete in each Relay Event.

703.4.2 A maximum of six athletes may be entered for each Relay Team. Any four athletes among those entered for the competition, may then be used in the composition of the team for the first round.

703.4.3 In the 2 x 2 x 400m a maximum of four athletes may be entered for each Relay Team. Any two athletes among those entered for the competition may then be used in the composition of the team.
703.4.4 The Host Country of the IAAF World Relays may enter one team in each event regardless of any Entry Standard.

703.5 Preliminary Entries

The IAAF shall only accept Preliminary Entries received from the Member Federation. Preliminary Entries must be submitted using the IAAF On-line Event Entry System: http://evententry.iaaf.org. The submission of Preliminary Entries will normally be possible from one month prior to the preliminary entry deadline, which is two months before the first day of the IAAF World Relays. The entries shall indicate the number of athletes and officials as well as the anticipated travel dates and accommodation requirements.

703.6 Final Entries

The IAAF shall only accept Final Entries received from the Member Federation. Final Entries must be submitted using the IAAF On-line Event Entry System: http://evententry.iaaf.org. The submission of Final Entries will be possible from one month prior to the final entry deadline, which is not later than three Mondays before the first day of competition (e.g. Monday 22 April for a competition starting on Saturday 11 May), midnight Monaco time.

703.7 Final Confirmation of Entries

Unless otherwise specified in the Team Manual, Final Confirmation of Entries must be made no later than noon on the day before the start of the Competition. Confirmation of the running order must be made no later than one hour before the published first call time for the first heat of each round.

703.8 Team Uniform

All athletes of the team shall wear the same colour competition uniform during the competition and in all ceremonies. The uniform must conform to IAAF Rules and Regulations and shall be approved by the IAAF in advance of the competition.
704 FINANCIAL CONDITIONS

704.1 Quota

It is based on participation at the previous edition. Member Federations shall receive a quota of two athletes for each relay team finishing in the following positions:

Top 16 in these events:
- 4x100m M
- 4x100m W
- 4x400m M
- 4x400m W
- 4x400m Mixed

Top 6 in these events
- 4x200m M
- 4x200m W
- 2x2x400m Mixed
- Shuttle Hurdles Mixed

Any Member Federation with no quota based on this principle will have an overall quota of two athletes regardless of relay teams entered.

The host country has no quota.

704.2 Financial Support

All athletes in the quota will benefit from economy class travel and full-board accommodation as described below. The participating Member Federations are responsible for the travel and accommodation costs of all non-quota athletes and all officials.

704.2.1 Travel

For quota athletes, the IAAF or the LOC will, in principle, make all the travel arrangements for the athletes, unless a specific written request is sent to the IAAF Office (by a set deadline) which includes a quote for approval. The IAAF will then confirm or reject the request. After the deadline, the IAAF reserves the right to refuse such requests.

704.2.2 Accommodation

All athletes within the quota will benefit from full-board accommodation in twin rooms paid for by the LOC for a maximum of four nights, during the subsidised period of the IAAF World Relays (a supplement will be charged for single room occupancy).

The number of officials accommodated at subsidised rates is limited (see Appendix A). Depending on availability, the additional officials allowed may be offered accommodation at regular rates.

The accommodation invoice will be based on the entry details (number of people, arrival and departure dates) submitted by the Final Entries deadline, with a tolerance of two.

704.3 Competition Awards

Competition Awards will be paid subject to the procedure established by the IAAF Council.
704.4 **Penalties**

Members must respect the deadlines and provide accurate information in their entries in order to avoid causing financial damage to the LOC. Failure to do so may result in the application of financial penalties as detailed below. The penalties will be debited to the account of the Member with the IAAF.

704.4.1 **Respect of Deadlines**

A penalty of $1,000 USD may be imposed on any Federation which does not respect the Preliminary and/or Final Entry deadlines.

704.4.2 **Realistic Entries**

A penalty of $1,000 USD per athlete, after the first two, may be imposed on Members which:
- after having announced through the Preliminary Entries their participation in an IAAF competition do not take part;
- after having entered in the Preliminary Entries more than two athletes, attend the competition with a number of athletes 25% or more higher or lower than the entered number.
AUTHORITY AND DUTIES OF THE IAAF COUNCIL

The IAAF Council shall:

705.1 approve the **Technical Regulations** of the IAAF World Relays;

705.2 decide the **venue and date** of the IAAF World Relays at the most appropriate Council Meeting to be held after the closing date for applications (normally three years before the year of the Competition);

705.3 approve the **Timetable of Events**, as proposed by the Technical Delegate for the Event, at least one year before the competition;

705.4 appoint the relevant **International Delegates and Officials** (see 706.2).
DELEGATES AND OFFICIALS

706.1 General

706.1.1 The LOC shall receive IAAF Delegates and Officials, as shown below. Travel and accommodation expenses (hereafter called "expenses") will be in accordance with the IAAF procedures, i.e. the LOC shall pay the travel costs for all Delegates: in economy class for all journeys up to 2,500 kilometres and in business class for all journeys longer than 2,500 kilometres. Full board accommodation costs are the financial responsibility of the LOC.

706.1.2 No IAAF appointed Delegate may be a member of his team’s delegation.

706.1.3 All Delegates and Officials shall act in conformity with current IAAF Rules, Regulations and Guidelines and shall have the ultimate authority in their respective fields of responsibility.

706.1.4 The LOC shall supply the Technical Delegate, Press Delegate, Medical and Anti-Doping Delegate with a mobile telephone each, complete with a local chip, and shall pay for all calls.

706.2 International Delegates and Officials Appointed by the IAAF Council

706.2.1 One Technical Delegate (TD)

He is appointed two years before the competition from the panel of IAAF Delegates.

In particular, the Technical Delegate shall submit to the Council proposals for:

- the Timetable, which shall have been drawn up together with the LOC and been given to the relevant television authorities for comment;

His other duties include:

- he shall approve the accommodation for the athletes and officials;
- he shall ensure that all technical equipment is checked;
- he shall chair the Technical Meeting (if any)

The agreement of the Technical Delegate must be sought in advance on all matters relating to the technical conduct of the Competition.

The LOC shall bear the expenses of the Technical Delegate for a period of no more than four days before the Competition until one day after the Competition, and for preliminary visits whenever deemed necessary by the IAAF for the successful staging of the Competition.

706.2.2 Three Members of the Jury of Appeal

They are appointed one year before the Competition and must include at least one member who is currently, or previously was, an IAAF International Technical Official. A Chairman of the Jury and a permanent Secretary to the Jury shall also be appointed.

The LOC shall bear the expenses of the Members of the Jury of Appeal for a period of not more than two days before the Competition until one day after the Competition.
706.2.3 **One Medical / Anti-Doping Delegate**

He is appointed two years before the competition.

The LOC shall bear the expenses of the Medical / Anti-Doping Delegate for a period of not more than two days before the Competition until one day after the Competition, and for one preliminary visit, if it is deemed necessary.

706.2.4 **One Press Delegate**

He is appointed two years before the competition.

The LOC shall bear the expenses of the Press Delegate for a period of not more than three days before the Competition until one day after the Competition, and for a maximum of two preliminary visits.

706.2.5 **Three International Technical Officials (ITOs)**

They are appointed one year before the Competition and shall be selected from the IAAF Panel.

The LOC shall bear the ITOs’ expenses for a period of not more than two days before the Competition until one day after the Competition.

706.2.6 **One International Starter (IS)**

He is appointed one year before the competition and shall be selected from the IAAF Panel.

The LOC shall bear the expenses of the IS for a period of two days before the Competition until one day after the Competition.

706.2.7 **One International Photo Finish Judge (IPFJ)**

He is appointed one year before the competition and shall be selected from the IAAF Panel.

The LOC shall bear the expenses of the IPFJ for a period of two days before the Competition until one day after the Competition.

706.2.8 **One English Announcer**

He is appointed one year before the Competition.

The LOC shall bear the expenses of the Announcer for a period of not more than two days before the Competition until one day after the Competition.

706.3 **National Competition Officials appointed by the OM**

The OM is responsible for the appointment of all National Referees, Judges and other Technical Officials, whose competence must be guaranteed. The Referees must be approved by the IAAF Technical Delegate.
707 TECHNICAL MATTERS AND REQUIREMENTS

707.1 Facilities

707.1.1 Main Stadium

The IAAF World Relays shall be held in a stadium conforming in all respects with the requirements of IAAF Rules and must hold a Class 1 IAAF Athletic Facility Certificate.

It should normally have a minimum capacity of 15,000 spectators.

The track facility must be of a single radius bend construction, or if of a double radius bend design, the smaller radius may not be less than 30.00m.

707.1.2 Warm-up Facility

It is mandatory that there be a warm-up facility within easy walking distance of the stadium.

707.1.3 Training Areas

Adequate training facilities must be provided to ensure training possibilities at appropriate times. The TD shall inspect and decide upon the most suitable facilities during the Site Visit(s).

707.1.4 Functional Areas

A number of technical and functional areas and rooms must be provided by the LOC.

A basic list is as follows:
- Call Room(s);
- A Mixed Zone for Media interviews
- A Post Event Area where athletes are able to recover and collect their clothing
- A Photo Finish control room
- A Results Management room
- A Doping Control Station, the location and layout of which needs to be agreed with the Anti-Doping Delegate;
- A Technical Information Centre [TIC] located at the Stadium;
- Competition Information Desks [CIDs] located at the athletes’ accommodation venue(s);
- Seating for the Teams

The TD shall inspect and decide upon the most suitable solutions during the Site Visit(s).

707.2 Technical Services

707.2.1 General

Technical Services must be provided as detailed below according to standards determined by the IAAF. To ensure such standards are met, the IAAF may identify preferred partner companies for certain services, the involvement of which will be discussed with the Local Organising Committee as required. In all cases, technical service providers are subject to final IAAF approval.
707.2.2 Time Measurement and False Start Control

For capturing the results of the competition:
- Fully Automatic Timing and Photo Finish System must be used. Transponder timing may be used additionally for intermediate timing.
- In addition, starting blocks must be fitted with an IAAF certified false start control apparatus (Start Information System) which must have an automatic recall system.

707.2.3 Competition Data Processing

A highly specialised results service company must be appointed for the competition data processing and disseminating the results, able to guarantee full compatibility with the timing and measurement services but also with the very specific technical requirements of Television, Media and Event Presentation including the provision of a Commentary Information System (CIS).

707.2.4 Video Officiating Reply System

It is mandatory that a Video Officiating Reply System be provided to record all events according IAAF Rule 150. Such recordings shall be made in accordance with the IAAF Video Recording and Video Referee Guidelines and the System will be appointed by the IAAF.

707.2.5 Event Presentation

The IAAF Event Presentation Team, in collaboration with the LOC, is responsible for the planning and delivery of the Event Presentation elements, in accordance with the IAAF Event Presentation Guidelines. Expenses associated with ensuring a world class event presentation is the responsibility of the LOC. These elements include:
- A complete Event Presentation Team.
- At least one adequately sized video board (two is preferable) in the stadium for the public showing of the television signal. The size of such board(s) shall be agreed with the IAAF in advance.
- At least one electronic scoreboard to display results.
- A suitable sound system for public address and Event Presentation purposes.

707.3 Equipment

707.3.1 Competition Equipment

All competition equipment must conform to current IAAF Rules.

707.3.2 Equipment for Warm-up and Training Areas

The LOC must provide adequate and sufficient equipment for all warm-up and training venues.

707.4 Team Manual

The IAAF, in close cooperation with the LOC, is responsible for the production of a Team Manual. The Team Manual must be posted on the LOC website [and be available for download] no less than two months before the competition and teams
must be informed. A printed version may be available for distribution on site, upon teams’ arrival.

707.5 **Training in the Competition Stadium**
Athletes shall be given an opportunity to inspect and, if possible, train in the main competition stadium on at least one occasion prior to the start of the competition. Such training to be no more than two hours in duration and should normally be arranged one or two days before the competition, at a time when most of the athletes are on site and which would not conflict with other activities in the stadium or the general organisation of the event.

707.6 **Technical Meeting**
A Technical Meeting will not normally be organised. However the Technical Delegate will be available for questions or issues raised by the Teams at the time of the Orientation Tour.

707.7 **Bib and Hip Numbers**
The athletes’ bibs, as well as the hip numbers, will be provided by the IAAF.

707.8 **Special Technical Rules for the IAAF World Relays**

707.8.1 **Qualification to World Championships**
The top ten placed teams in the 4 x 100m and 4 x 400m events and the top twelve placed teams in the 4 x 400m Mixed event at the IAAF World Relays in the year of the World Championships shall automatically qualify for the IAAF World Championships. Such qualification shall be determined as follows:

Events without a Final B: the eight teams competing in the final, and those with the next best times in the first round. In the final, all participating teams must compete with bona fide effort, and if a team does not start in the final due to a medical reason, they must present a medical certificate from the IAAF Medical Delegate in order to guarantee their qualification for the World Championships.

Events with a Final B: the eight teams competing in the Final and the next best placed teams in the Final B. If one or more teams in the Final A do not start or do not finish or are disqualified, their qualifying place is taken by the next best placed finishers in the Final B.

707.8.2 **Universal (Mixed) Relay**
Each team will be composed of two men and two women. The running order is free and will be decided by the Member Federation at the time of the Final Declaration.

707.8.3 **2 x 2 x 400m Relay**
Each team will be composed of one man and one woman. The running order is free and will be confirmed by the Member Federation at the time of the Final Declaration.

The start of the race will be without blocks and each athlete must run two separate legs of 400m. The exchange zone will be the same as for the 4 x 400m.
707.8.4 Shuttle Hurdles

Each team will be composed of two men and two women. The running order will be woman-man-woman-man, and the names will be confirmed by the Member Federation at the time of the Final Declaration.

No baton or other exchange will be required in the Shuttle Hurdle Relay, which will be run in lanes on the track straight. After the race start, each team member must be motionless in a set position and in starting blocks when they start and shall start only after their incoming team member’s torso breaks the exchange line.

There will be a maximum of four teams by race. Lanes 1, 3, 5 and 7 will be set up as Women’s 100m hurdles in running direction from finish line to 110m start line. Lanes 2, 4, 6 and 8 will be set up as Men’s 110m hurdles in running direction from 110m start line to finish line.

Women athletes will run 100m hurdles plus an additional 10 meters to reach the exchange line.

708 PROTOCOL MATTERS

708.1 Opening Ceremony

If the OM/LOC wishes to stage an Opening Ceremony, it must obtain the IAAF’s approval of the principle and of the script of any such ceremony.

708.2 Victory Ceremonies

No team’s medals Ceremonies will be organised, but all the winning teams will receive a recognition in a Victory Ceremony at the end of the second day of competition.

708.3 Closing Ceremony

There shall normally be no Closing Ceremony.
801 GENERAL

801.1 The IAAF shall organise the IAAF Continental Cup every four years.

801.2 The IAAF Continental Cup is an Inter-Continental Team Competition, which has the aim of improving and promoting the development of Athletics in all Continents.

801.3 The full event title shall be IAAF Continental Cup followed by the venue and year of the competition. A shorter version of the event title can be considered subject to IAAF approval.
EVENTS PROGRAMME

802.1 The IAAF Continental Cup shall be held on two or three consecutive days.

802.2 The programme shall comprise the following 37 events, 18 for Men, 18 for Women and 1 mixed (“universal”) event:

802.2.1 Men

<table>
<thead>
<tr>
<th>Event</th>
<th>Distance</th>
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<tbody>
<tr>
<td>100 metres</td>
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<tr>
<td>200 metres</td>
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<tr>
<td>400 metres</td>
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<td>1500 metres</td>
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<tr>
<td>3000 metres</td>
<td></td>
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<tr>
<td>3000m Steeplechase</td>
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<tr>
<td>110m Hurdles</td>
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<tr>
<td>400m Hurdles</td>
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<tr>
<td>High Jump</td>
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<td>Pole Vault</td>
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<td>Long Jump</td>
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<td>Shot Put</td>
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<td>Discus Throw</td>
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<td>Hammer Throw</td>
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<tr>
<td>Javelin Throw</td>
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<tr>
<td>4 x 100m Relay</td>
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802.2.2 Women

<table>
<thead>
<tr>
<th>Event</th>
<th>Distance</th>
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<tbody>
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<td>100m Hurdles</td>
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<td>Hammer Throw</td>
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<td>Javelin Throw</td>
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<tr>
<td>4 x 100m Relay</td>
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802.2.3 Mixed

<table>
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</thead>
<tbody>
<tr>
<td>4 x 400m Mixed Relay</td>
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</tbody>
</table>

802.3 Competition Format

802.3.1 Track Events

Except for the 3000m and 3000m Steeplechase, Track Events are conducted according to IAAF rules.

In the 3000m and 3000m SC, the athlete reaching the finish line in the last position after the third (with 4 laps to go), fourth (with 3 laps to go), fifth (with 2 laps to go) and sixth (with 1 lap to go) full lap, respectively, is eliminated and shall not complete the race, with only the remaining four athletes competing in the last lap.

If the number of athletes at any elimination point is less than the required (that is, 8, 7, 6, 5), no elimination will take place at that point. Officials will indicate the elimination to the athlete.

802.3.2 Field Events

High Jump and Pole Vault are conducted according to IAAF rules.

Long Jump, Triple Jump, Shot Put, Discus Throw, Hammer Throw and Javelin Throw (“Horizontal Field Events”) will have two phases.
In the first phase (Qualification), all athletes have three trials after which they are ranked. The highest ranked athlete from each team (i.e. a total of four athletes) proceed to Round 4. All other athletes are eliminated.
and ranked from fifth to eighth according to their best performance after three rounds of trials. 

Round 4 [Semi-Final] and Round 5 [Final] is the second phase of the competition. In Round 4, the two lowest ranked athletes are ranked third and fourth according to their performance in this round and are eliminated. 

The two best ranked athletes in Round 4 proceed to Round 5, which is the final round. In Round 5, the better ranked athlete in this round wins the competition, the other is second. 

The competing order in all the five rounds will be the initial draw order. 

If all the four athletes fail in Round 4, the two best ranked athletes after the first 3 rounds will go to Round 5. If in Round 4 only one athlete has a valid performance, the second athlete to progress to Round 5 will be the athlete [from a different team] with the best valid performance after the first 3 rounds. 

If in Round 5 both athletes fail, the winner is the athlete with the better performance in Round 4. If in Round 4 those athletes failed, the winner is the athlete with the better performance after the first 3 rounds and the other is second. 

802.3.3 4 x 400m Mixed Relay

In the 4 x 400m Mixed Relay, each team is composed of two Men and two Women. The running order is free. The composition of the team and the order of running shall be officially declared at the time of the Final Declaration, however, the order, other than the first-leg runner, may be changed at the time of the race. 

802.4 Scoring

802.4.1 General

Athletes are ranked according to their finishing positions in the event and are given individual points [8 to 1] accordingly. A team ranking is then determined by adding the individual points of each athlete in each team. Team points are awarded according to the team ranking. The first team scores 8 points, the second scores 6 points, the third scores 4 points and the fourth scores 2 points. 

802.4.2 3000m and 3000m Steeplechase

In the 3000m and 3000m Steeplechase, all athletes are awarded points regardless if they are eliminated or not. 

Eliminated athletes who do not stop after receiving the indication will be disqualified from the event. 

802.4.3 Relay Events

In the Relay Events, the scoring is as follows: 

1st – 8 points, 2nd – 6 points, 3rd – 4 points, 4th – 2 points. 

802.4.4 Invalid Results
If an athlete does not start (DNS) or does not finish (DNF), has no mark (NM) in Field Events) or is disqualified (DQ), the team will receive no points for that athlete but the remaining athletes will receive the same number of points as if all athletes had completed the event.

In the case of disqualification in the 3000m and 3000m Steeplechase event under point 802.4.2 or from any event under IAAF Rule 125.5 or 145.2 (acting in an unsporting or improper manner), the team of the disqualified athlete will not receive any points for that event.

802.4.5 Joker Events

Each team will have two “Jokers” to be used each day (one for a Men’s event and one for a Women’s event). The Team Captain shall indicate before each session the events for which the Jokers are to be used. If the team wins the event in which the Joker is used, double points are awarded to that team.

802.4.6 Overall Team Scores

Points achieved by Men and Women are combined, and the overall winner of the IAAF Continental Cup is the team with the most combined points.

802.4.7 Ties

If there is a tie in the final scoring of an event, the combined points of the teams tying shall be divided.

If two or more teams achieve an equal number of points in the overall team score for any place, the procedure to determine whether there has been a tie is the following:

- The team which, in the greater number of events, has achieved more first places, shall be awarded the higher place.
- If the teams are still equal following the application of the above, the team with the greater number of second places, etc., shall be given the higher place.
- If the teams are still equal following the application of the above, it shall be determined to be a tie.
PARTICIPATION

803.1 Invitation to Participate

The following four Continental Teams will be invited to participate:
- Africa
- Americas (NACAC and CONSUDATLE)
- Asia-Pacific (Asia and Oceania)
- Europe

Invitations to participate will be issued by the IAAF.

The Organising Member, hereafter called “OM”, shall, at the same time, also send a letter of invitation to the competing teams.

803.2 Age Categories

803.2.1 U20 Athletes

Any athlete aged 18 or 19 years on 31 December in the year of the competition [e.g. for the 2018 Cup, born in 1999 or 2000] may compete in any event.

803.2.2 U18 Athletes

Any athlete aged 16 or 17 years on 31 December in the year of the competition [e.g. for the 2018 Cup, born in 2001 or 2002] may compete in any event except the throwing events.

803.2.3 Athletes Younger than 16

No athlete younger than 16 years of age on 31 December in the year of the competition [e.g. for the 2018 Cup, born in 2003 or later] may be entered.

803.3 Athletes’ Selection

Each team shall be responsible for the selection of its athletes and for its management. At least three [3] athletes from the Host Country shall form part of their continental team.

803.4 Entry Regulations

Each team shall enter two athletes for each individual event and one team for each Relay.

803.5 Final Entries

In principle, the detailed notification of the selected teams, athletes and officials, must reach the IAAF and the Local Organising Committee no later than ten days prior to the first day of the Competition.

803.6 Final Confirmation of Entries

The final confirmation of entries must be made by the teams upon arrival during the accreditation procedures.
803.7 **Team Uniform**

All athletes of the team shall wear the same colour competition uniform during the competition and in all ceremonies. The uniform must conform to IAAF Rules and Regulations and shall be approved by the IAAF in advance of the competition.
FINANCIAL CONDITIONS

804.1 Quota
The quota for each team shall be 110 persons in total (athletes and team officials).

804.2 Financial Support
All athletes and officials in the quota will benefit from economy class travel and full-board accommodation as described below.

804.2.1 Travel
In principle, the IAAF will reimburse the travel expenses for the quota persons, based on an agreed forfeit price, directly to the Team concerned who will be responsible for the transport arrangements.

804.2.2 Accommodation
All athletes and officials in the quota will benefit from full-board accommodation in twin rooms paid for by the LOC for a maximum of four nights for a two-day competition and five nights for a three-day competition during the subsidised period of the Competition (a supplement will be charged for single room occupancy).

804.3 Competition Awards
Competition Awards are based on individual results (not the ranking order) and will be paid subject to the procedure established by the IAAF Council. Athletes with Invalid Results under 802.4.4 will not receive Competition Awards.
AUTHORITY AND DUTIES OF THE IAAF COUNCIL

The IAAF Council shall:

805.1 approve the Technical Regulations of the IAAF Continental Cup;

805.2 decide the venue and date of the IAAF Continental Cup at the most appropriate Council Meeting to be held after the closing date for applications (normally five years before the year of the Competition);

805.3 approve the Timetable of Events, as proposed by the Technical Delegate for the Event, at least one year before the competition;

805.4 appoint the relevant International Delegates and Officials [see 806.2]
DELEGATES AND OFFICIALS

806.1 General

806.1.1 The LOC shall receive IAAF Delegates and Officials, as shown below. Travel and accommodation expenses (hereafter called “expenses”) will be in accordance with IAAF procedures, i.e. LOC shall pay the travel costs for all Delegates, in economy class for all journeys up to 2,500 kilometres and in business class for all journeys longer than 2,500 kilometres. Full board accommodation costs are the financial responsibility of the LOC.

806.1.2 No IAAF appointed Delegate may be a member of his team’s delegation.

806.1.3 All Delegates and Officials shall act in conformity with current IAAF Rules, Regulations and Guidelines and shall have the ultimate authority in their respective fields of responsibility.

806.1.4 The LOC shall supply the Technical Delegate, Press Delegate, Television Delegate, Medical / Anti-Doping Delegate and the Chief ITO with a mobile phone each, complete with a local chip and shall pay for all calls.

806.2 International Delegates and Officials Appointed by the IAAF Council

806.2.1 One Technical Delegate (TD)

He is appointed two years before the competition from the panel of IAAF Delegates.

In particular, the Technical Delegate shall submit to the Council proposals for:

- the Timetable which shall have been drawn up together with the LOC and been given to the relevant television authorities for comment;

His other duties include:

- He shall approve the accommodation for the athletes and officials;
- He shall ensure that all technical equipment is checked;
- He shall determine and approve the make and type of Implements to be used at least one year before the Competition. The implements must have IAAF Certification (see 807.3.);
- He shall chair the Technical Meeting.

The agreement of the Technical Delegate must be sought in advance on all matters relating to the technical conduct of the Competition.

The LOC shall bear the expenses of the Technical Delegate for a period of not more than five days before the Competition until a maximum of two days after the Competition, and for preliminary visits whenever deemed necessary by the IAAF for the successful staging of the Competition.

806.2.2 Three Members of the Jury of Appeal

They are appointed one year before the Competition. A Chairman of the Jury and a permanent Secretary to the Jury shall also be appointed.

The LOC shall bear the expenses of the Members of the Jury of Appeal for a period of not more than two days before the Competition until one day after the Competition.
806.2.3 **One Television Delegate**

He is appointed two years before the competition,

The LOC shall bear the expenses of the Television Delegate for a period of not more than two days before the Competition until one day after the Competition, and for a maximum of two preliminary visits.

806.2.4 **One Medical / Anti-Doping Delegate**

He is appointed two years before the competition,

The LOC shall bear the expenses of the Medical / Anti-Doping Delegate for a period of not more than three days before the Competition until one day after the Competition, and for one preliminary visit, if it is deemed necessary.

806.2.5 **One Press Delegate**

He is appointed two years before the competition,

The LOC shall bear the expenses of the Press Delegate for a period of not more than three days before the Competition until one day after the Competition, and for a maximum of two preliminary visits.

806.2.6 **Six International Technical Officials (ITOs)**

They are appointed one year before the Competition and shall be selected from the IAAF Panel. One amongst them shall be appointed Chief ITO.

The LOC shall bear the expenses the ITOs for a period of not more than three days before the Competition until one day after the Competition.

806.2.7 **One International Starter (IS)**

He is appointed one year before the competition and shall be selected from the IAAF Panel.

The LOC shall bear the expenses of the IS for a period of three days before the Competition until one day after the Competition and for attending the Test Event prior to the Competition.

806.2.8 **One International Photo Finish Judge (IPFJ)**

He is appointed one year before the competition and shall be selected from the IAAF Panel.

The LOC shall bear the expenses of the IPFJ for a period of three days before the Competition until one day after the Competition.

806.2.9 **One English Announcer**

He is appointed one year before the Competition.

The LOC shall bear the expenses of the Announcer for a period of not more than three days before the Competition until one day after the Competition.
806.3 National Competition Officials Appointed by the OM

The OM is responsible for the appointment of all National Referees, Judges and other Technical Officials, whose competence must be guaranteed. The Referees must be approved by the IAAF Technical Delegate.
807 TECHNICAL MATTERS AND REQUIREMENTS

807.1 Facilities

807.1.1 Main Stadium

The IAAF Continental Cup shall be held in a stadium conforming in all respects with the requirements of IAAF Rules and must hold a Class 1 IAAF Athletics Facility Certificate.

The track facility must be of a single radius bend construction, or if of a double radius bend design, the smaller radius may not be less than 30.00m.

The infield shall be natural grass or covered in a synthetic surface approved by the IAAF.

807.1.2 Warm-up Facility

It is mandatory that there be a warm-up facility, including a separate area for Long Throws within easy walking distance of the stadium.

807.1.3 Training Areas

Adequate training facilities must be provided to ensure training possibilities for all events at appropriate times. The TD shall inspect and decide upon the most suitable facilities during the Site Visit(s).

807.1.4 Functional Areas

A number of technical and functional areas and rooms must be provided by the LOC.

A basic list is as follows:
- Call Room(s);
- A Mixed Zone for Media interviews
- A Post Event Area where athletes are able to recover and collect their clothing
- A Photo Finish Room
- A Results Management Room
- A Doping Control Station, the location and layout of which needs to be agreed with the Anti-Doping Delegate;
- A Technical Information Centre (TIC) located at the Stadium;
- Competition Information Desks (CID(s)) located at the athletes’ accommodation venue(s);
- Adequate seats close to the Field Event sites need to be reserved by the LOC for the Field Events coaches. Such seats cannot therefore be sold and access can be granted by form of a pass or tickets.
- Seating for the Teams

The TD shall inspect and decide upon the most suitable solutions during the Site Visit(s).
807.2 Technical Services

807.2.1 General

Technical Services must be provided as detailed below according to standards determined by the IAAF. To ensure such standards are met, the IAAF may identify preferred partner companies for certain services, the involvement of which will be discussed with the Local Organising Committee as required. In all cases, technical service providers are subject to final IAAF approval.

807.2.2 Time and Distance Measurement, False Start Control

For capturing the results of the competition:

- Fully Automatic Timing and Photo Finish System must be used.
- Scientific distance measuring equipment must be provided and shall be used as appropriate.
- In addition, starting blocks must be fitted with approved false start control apparatus which must have an automatic recall system.

807.2.3 Competition Data Processing

A highly specialised results service company must be appointed for the competition data processing and disseminating the results, able to guarantee full compatibility with the timing and measurement services but also with the very specific technical requirements of Television, Media and Event Presentation including the provision of a Commentary Information System (CIS).

807.2.4 Video Recording

It is mandatory that a dedicated video system be provided to record all events (IAAF Rule 150). Such recordings shall be made in accordance with the IAAF Video Recording and Video Referee Guidelines.

807.2.5 Event Presentation

The LOC, in collaboration with the IAAF Event Presentation Team, is responsible for the planning and delivery of the Event Presentation elements, in accordance with the IAAF Event Presentation Guidelines. Expenses associated with ensuring a world class event presentation is the responsibility of the LOC. These elements include:

- A complete Event Presentation Team
- At least one adequately sized video board (two is preferable) in the stadium for the public showing of the television signal. The size of such board(s) shall be agreed with the IAAF in advance.
- At least one electronic scoreboard to display results.
- A suitable sound system for public address and Event Presentation purposes.

807.3 Implements

807.3.1 Official Implements List

The TD, in conjunction with the LOC, and based on the implements most commonly used by major international athletes, shall determine a list of Official Implements which the LOC shall provide to the athletes. In
principle a minimum of 4 items shall be required for each implement, to cover the needs of the competition, warm-up and training venues.

807.3.2 Additional Implements

Further Implements may be added to the approved list if requested by an Area Association or by Manufacturers with the endorsement of an Area Association (by a deadline set by the Technical Delegate) and if supplied to the LOC free of charge (by a deadline set by the Technical Delegate). However, all such implements must have IAAF certification and be approved by the Technical Delegate. Four items of each additional implement shall be required.

807.3.3 Personal Implements

Personal implements may be allowed, providing they are readily identifiable, they have IAAF certification, they are not on the official list and have been checked for compliance with IAAF Rules in accordance with the Technical Delegate’s instructions. These implements must be available for use by the other participants, until the end of the event.

807.3.4 Usage statistics

The LOC must keep an accurate record of the implements (official or personal) used during the competition and produce usage statistics to be used for the purpose of compiling suitable official implements lists for future competitions.

807.4 Equipment

807.4.1 Competition Equipment

All competition equipment must conform to current IAAF Rules.

807.4.2 Equipment for Warm-up and Training Areas

The LOC must provide adequate and sufficient equipment for all warm-up and training venues.

807.5 Team Manual

The LOC, in close cooperation with the IAAF, is responsible for the production of a Team Manual. The Team Manual must be posted on the LOC website (and be available for download) no less than two months before the Competition and teams informed. A printed version must be available for distribution on site, upon teams’ arrival.

807.6 Training in the Competition Stadium

Athletes shall be given an opportunity to inspect and, if possible, train in the main competition stadium on at least one occasion prior to the start of the Competition. Such training to be no more than two hours in duration and should normally be arranged one or two days before the Competition at a time when most of the athletes are on site and which would not conflict with other activities in the stadium or the general organisation of the event.
807.7 Technical Meeting
One day before the first day of the Competition, a Technical Meeting shall be held which not more than five representatives from each team may attend.

807.8 Bib and Hip Numbers
The athletes’ bibs, as well as the hip numbers, will be provided by IAAF.

807.9 Athletes Behaviour
Any athletes’ behaviour which infringes the rights of the sponsors can lead to the application of financial penalties.

807.10 Special Technical Rules for the IAAF Continental Cup
807.10.1 Allocation of Lanes
The allocation of lanes and the order of competition for all events shall be determined according to the below procedure.

The competing teams will first be allocated two letters by draw (one for the men’s team and one for the women’s team). These letters shall then determine the allocation of lanes in track events, and the order of competition for field events, in accordance with the following:

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<tr>
<th>Event</th>
<th>Competing Teams</th>
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</tr>
<tr>
<td>400m, 3000m, PV</td>
<td>2</td>
</tr>
<tr>
<td>LJ</td>
<td>3</td>
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807.10.2 4 x 400m Mixed Relay
Each team will be composed of two Men and two Women. The running order is free and will be decided by the Team at the time of the Final Declaration.
808 PROTOCOL MATTERS

808.1 Opening Ceremony
If the OM/LOC wishes to stage an Opening Ceremony, it must obtain the IAAF’s approval of the principle and of the script of any such ceremony.

808.2 Medal Ceremonies
There will be no individual medal ceremonies during the competition. The presentation of the Cup to the winning team by the IAAF President or his representative will be made during the Closing Ceremony.

808.3 Closing Ceremony
There should be a simple ceremony to present the Cup to the winning team and to hand over the flag to the following organisers. However, if the LOC wishes to stage a more elaborate ceremony, IAAF’s approval to the principle must be sought and the script of any such ceremony approved.

808.4 Flags
Each team must provide its own set of flags for the Opening Ceremony and stadium decoration. The flags must measure 1.20m x 0.80m and 3m x 2m respectively and must be brought to the competition.
## TEAM OFFICIALS ELIGIBLE FOR SUBSIDISED ACCOMMODATION AND ACCREDITATION AT WAS COMPETITIONS

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<th>Non-subsidised Officials (Other accommodation)</th>
<th>Total Accredited Officials</th>
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IAAF Technical Regulations 2019 – Appendix A
### OUTDOOR

#### 100m, 200m, 400m, 800m, 100mH, 110mH, 400mH (8 finalists)

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#### 3000m Girls and Junior Women, 5000m Junior Men and Junior Women, 10,000m

Always a straight Final

### INDOOR

#### 800m (6 finalists)

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